

Voluntary Action Angus

Weekly Bulletin

10th February

Voluntary Action  **ANGUS**


Third Sector Interface



This weeks content covers:

Youth Volunteering Pop-up events
Youth Climate Change Fund
New training sessions
Red Tent Events are back!
Volunteering opportunities
Available support and information

We hope you enjoy reading some of the latest information and updates from the third sector, across Angus in this weeks Voluntary Action Angus TSI bulletin.



VOLUNTARY ACTION ANGUS

Youth Volunteering Pop-up events!

Voluntary Action Angus will be holding multiple Youth Volunteering Pop-up events in partnership with DYW (Developing the Young Workforce), in schools throughout Angus in the upcoming months.

We are looking for local organisations to come along, showcase volunteering opportunities and give pupils an insight into volunteering!

If you would like to have a stall at our events, please get in touch! For more information, email: **adhamh@voluntaryactionangus.org.uk**

Please register interest by **13th February**.



Community Leaflet Drop Volunteers wanted!

New to volunteering/ looking for an introduction? Have a few hours to spare?

Working alongside Angus Health and Social Care Partnership, we are looking for volunteers to help deliver recruitment leaflets across Angus!

About the volunteering opportunity:

- Starting in February 2023
- Deliver leaflets in your local neighbourhood
- Available morning, afternoon, evening and/or weekends
- This can be once a week, a few times a week or a one off!
- Open to people of all ages and abilities



You can find more information and apply **here**.

Invitation to join our Social Enterprise Forum

Are you an Angus established or aspiring to be social enterprise?

We would like to invite you to attend our first Social Enterprise Forum event of 2023 on **Tuesday 28 February** at **10am**.

Where?

Murton Trust, Arbroath Rd, Forfar DD8 2RZ

To help us plan for seating and light refreshments, please confirm your planned attendance **here**.



For more information, please email natalie@voluntaryactionangus.org.uk

CARE ABOUT ANGUS

Annual General Meeting

Care About Angus is holding its Annual General Meeting on **Wednesday 22nd February 2023** at **1.30pm** at **The Third Sector Interface Building**, 5-7 The Cross, Forfar, DD8 1BX.

Should you wish to attend please contact kath@careaboutangus.org.uk who will send relevant papers nearer the time.

We look forward to welcoming you!



NORTH EAST SENSORY SERVICES (NESS)

New dates released for NESS's Sensory Awareness Training

Our Training provides a comprehensive overview of the practical and emotional impact of sight loss, hearing loss, deafness and deafblindness.

The training is suitable for anyone working in Health and Social Care, anyone working in a customer facing role, and anyone who is exploring ways of making their services more accessible to people living with a sensory loss.

You can find further information on the dates, times and more **here**.



north east
sensory services

achieving independence for blind & deaf people

DD8 MUSIC

DD8 Digest February 2023

In this issue there are updates on each of our projects, and information on new projects starting up!

Read it **here**!



FORFAR & KIRRIEMUIR VIBRANT COMMUNITIES TEAM

Learning activities 2023

We have released our latest Adult Learning Programme for 2023 for our area!

It gives details of all the activities, sessions and groups that we will be running during the next few months.

You can find the full programme [here](#).

For more information, email CLDForfar@angus.gov.uk



FREE PERIOD ANGUS

Free Red Tent Events

Our Red Tent Events are back and for the first time ever they are going to be held in person!

Red Tent Events gives people the opportunity to have honest and open discussions about menopause, menstrual wellbeing and mental health in a safe and supportive environment. You will hear about what support and products are available in Angus, and we will have a selection of disposable and reusable products for you to take away and try.

Where and when?

The first event will take place on **Monday 6th March 2023, 10am-11.30am** at **Voluntary Action Angus**, Forfar.

Book your space [here](#)

If you have any questions please contact us at communityplanning@angus.gov.uk



THE SCOTTISH GOVERNMENT

Scottish Government's new programme

The Scottish Government's Digital Health and Care Directorate are working on a new programme, delivered in partnership with the Scottish Council for Voluntary Organisations, that will focus on digital inclusion in mental health and housing. We have created a programme summary (find **here**).

We are keen to connect with people and organisations across Scotland that are working in digital inclusion or supporting people to access mental health services/supports or housing services/supports. We know there is already a lot of work happening across Scotland in digital inclusion, and we want to build on the learning from this work to shape the programme.

We are holding 2 online stakeholder events:

- **Wednesday 1st March** from **1pm-3pm** (Mental Health focus) register **here**
- **Thursday 2nd March** from **1pm-3pm** (Housing focus) register **here**

For further information please email **Tara.French@gov.scot**



HOSPITALFIELD

Garden Club Volunteer

We are looking for Garden Club Volunteers to help keep the garden and grounds at Hospitalfield in Arbroath maintained, fruitful and beautiful.

Garden Club support the development of the garden from helping weed the gardens, sowing seeds, potting up plants and assisting with seasonal projects.

You can find more information and apply **here**.



THE FOOD LIFE

Volunteer with us!

We are holding our next session at Wandershiell, Brechin on **Monday 13th February** from **10am-3pm**, or less hours if it suits you better.

We have been busy with lots of planning for the site, learning about irrigation practices and networking with other market gardens from across Scotland.

Feel free to bring along family and friends and also bring a packed lunch and a flask. We have indoor work and relaxation areas if it's cold.

You can find more information on the sessions **here**.



TAYSIDE COUNCIL ON ALCOHOL (ANGUS)

Crew Volunteer wanted!

We are looking for a Volunteer to join our The Crew Youth Group Angus!

What we are looking for:

- Available 5pm-7pm every Thursday
- Confident and enthusiastic working with young people (P6 - S2 group)
- Have access to your own vehicle for pick ups and drop offs (All travel expenses will be reimbursed)

You can find more information and apply **here**.



CATS PROTECTION

Volunteer with Cats Protection!

Cats Protection is the UK's leading feline welfare charity and our vision is a world where every cat is treated with kindness and an understanding of its needs.

We are looking for volunteer drivers to provide vital assistance to our branch by transporting equipment, litter, food and even cats!

You can find more information on the opportunity **here**.



HOME START ANGUS

Volunteers needed!

Volunteers Needed

**Do you have parenting
experience?**



Could you help make a difference for young families?

Many parents need help, friendship, advice or support during those early years when children are young. Your experience as a parent can help other parents.

NEXT PREPARATION COURSE STARTING 19th APRIL 2023



**Call us on 01241 431131
Email: info@homestartangus.org.uk**

ENABLE TRAVEL

New dates- sign up now!



New sign up dates for ENABLE Travel online training have been released for people aged 16+ who have a learning disability.

The aim is to help people who have a learning disability aged 16+ to develop confidence and capability using public transport, supporting them to become an independent, sustainable traveller.

You can find more information and sign up for free **here**.

For further information, email **Liam.Campbell@ENABLE.org.uk**

CHILD HEALTHY WEIGHT TEAM

Child Healthy Weight Training 2023

The training covers:

- Raising the issue of healthy weight
- First line advice/signposting
- How to refer to CHW

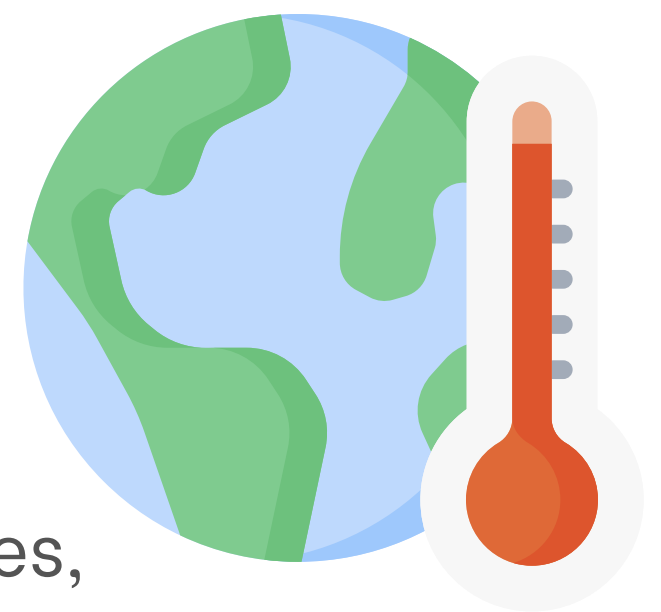
You can find all information on the upcoming training sessions **here**.



ANGUS COUNCIL

Angus Youth Climate Change Fund

The Angus Youth Climate Change Fund supports local projects which help young people make a positive impact on the climate. It is managed by Angus Vibrant Communities, The Scottish Government and Youthlink Scotland.



The fund is open to youth organisations, education providers and youth projects in Angus that work with young people aged between 10 and 25. The groups can be from the public or third sector.

Find more information on the funding **here**.

The closing date for applications is **Monday 13th February**

GLENESK FOLK MUSEUM

Valentines gift & card making

Come along and join the creative fun at Glenesk Folk Museum
Tarfside, Glenesk DD9 7YT Brechin

There will be:

- Crocheting & Sewing
- Biscuit decorating
- Crafts
- Home-baked treats
- ... and more!

When?

11th & 12th February from 2pm-4pm

There are materials available to purchase or you can bring your own!

For more information email **enquiries@gleneskmuseum.org**



THE ANGUS ADULT PROTECTION COMMITTEE

Upcoming learning sessions

The Angus Adult Protection Committee have organised a range of learning sessions to mark this years' Adult Support and Protection Day.

The sessions are open to staff, volunteers, carers or anyone who has a role in supporting people in Angus.

Find more information on the sessions [**here**](#)



BRECHIN BEREAVEMENT CAFE

Join us for a cuppy and a chat

Are you experiencing grief and loss? Would you like to meet others? If so, come along to our bereavement cafe for a chat and a cuppy.

Offering peer to peer support

Here at Brechin Health Centre we are having a get together for patients that have recently lost a loved one.

Where and when?

Thursday 16th February, 6.30pm-8.30pm at Brechin Health Centre, Infirmary Street, Brechin DD9 7AN



SUBMITTING YOUR CONTENT

Would you like something added to next weeks bulletin? If so, send your submission to Laura@voluntaryactionangus.org.uk by **5pm** on **Wednesday 15th February**.

CATCH UP WITH OLDER CONTENT

Read our previous bulletins [here](#)

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www.voluntaryactionangus.org.uk

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