Voluntary Action Angus Weekly Bulletin

24th February



Third Sector Interface

Announcement - Communities Mental Health & Well Being Fund

We appreciate the MHWBF assessments are taking longer than anticipated but the fund was once again 3x oversubscribed. However, we can confirm all applications will be notified of the outcome by mid March.

This weeks content covers:

Social Enterprise Forum event Office space gone! Fundraising Art Exhibition

Community Cafe New volunteering opportunities Available support and information

We hope you enjoy reading some of the latest information and updates from the third sector, across Angus in this weeks Voluntary Action Angus TSI bulletin.

VOLUNTARY ACTION ANGUS

Invitation to join our Social Enterprise Forum

Are you an Angus established or aspiring to be social enterprise?

Sopring SOCIAL FIL We would like to invite you to attend our first Social Enterprise Forum event of 2023 on Tuesday 28 February at 10am.

Sarah Cameron will be our guest speaker, providing an overview of the Social Enterprise Support Map and support available through Community Enterprise.

Where?

Murton Trust, Arbroath Rd, Forfar DD8 2RZ

To help us plan for seating and light refreshments, please confirm your planned attendance here.

For more information, please email **natalie@voluntaryactionangus.org.uk**

Serviced office space gone!

Our serviced office space has now gone!

We look forward to welcoming a new Third Sector organisation to The Cross.



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Community Leaflet Drop Volunteers wanted!

New to volunteering/looking for an introduction? Have a few hours to spare?

Working alongside Angus Health and Social Care Partnership, we are looking for volunteers to help deliver recruitment leaflets across Angus!

About the volunteering opportunity:

- Starting in February 2023
- Deliver leaflets in your local neighbourhood
- Available morning, afternoon, evening and/or weekends
- This can be once a week, a few times a week or a one off!
- Open to people of all ages and abilities

You can find more information and apply **here**.



ANGUS EMPLOYABILITY HIVE

Disability Confident Job Fair

Are you an employer who has live vacancies? If so, come along to our journey back to work event and speak to job seekers, with job coaches and employability key workers to support.

Where and when?

Tuesday 14th March, 10am–1pm at Old and Abbey Parish Church, Arbroath

For more information please contact angus.eandpteam@dwp.gov.uk



PARENT CLUB

Parental Employability and Financial Support Campaign

Parent Club have launched a new campaign to help families who were already struggling and are now feeling completely overwhelmed by the additional pressures brought on by the current economic crisis.

If you're finding it hard to make ends meet and the thought of applying for benefits or taking that first step into work is overwhelming, Parent Club can help. The good news is there is lots of help available – and we can guide you to someone you can talk to about applying for benefits and, gaining skills, finding work or childcare.

You can find out more about benefits and employment support **here**.



Child Development Campaign

Parent Club have launched the Child Development campaign, which is aimed at parents and carers of 3–5 year olds.

The new campaign highlights specific interactions that parents and carers can easily incorporate into their everyday routine (without adding more pressure to their day) to help boost their child's speech, language and communication skills.

The campaign aims to encourage parents/carers to actively listen and then respond to their child by using 'serve and return' techniques such as asking questions about the characters in a book when you're reading with your child or chatting about what and how to cook tea. These simple interactions will help stimulate neuron connections that form in their child's brain, helping to develop their speech, language and communication skills.

You can find out more about the Child Development campaign **here**.

TAYSIDE HEALTHCARE ARTS TRUST (THAT)

Fundraising Art Exhibition invitation

Tayside Healthcare Arts Trust (THAT) are pleased to be holding a THAT Fundraising Art Exhibition, the first one to be held since the pandemic.

Where and when?

It is being held in The Meffan Gallery in Forfar and runs from 4th March until 22nd April. It will be open Thurs/Fri /Sat between 10am-4pm. On 1st April it will change to Spring opening hours: Tuesday-Sunday, 10am-4pm.

Why not pop along and support this activity and grab a purchase!

The artwork donated is by Artists associated with THAT and some of our participants. The opening is on Saturday 4th March from 2-4pm and you are welcome to join us!



We are looking for a Project Management Assistant (15hr)

Tayside Healthcare Arts Trust is a small but very busy Charity that has developed a significant role in the delivery of Creative Engagement opportunities (art programmes of different types and duration) for people with Long Term Conditions within the community, across the geography of NHS Tayside.

This post provides an opportunity to assist in the development and management of the charities work, both creative and administrative.

You can find further information on the role **here**.

Closing date **10th March**.



ANGUS COUNCIL -HORIZON TEAM

We are looking for a Baby Group Volunteer!

Angus Council Horizon Team provides help to care for experienced mums and their partners to support parenting and family life from birth onwards. This volunteering role would be supporting our weekly baby group.

Some of the tasks involve:

- Making people feel welcome
- Making teas and coffees
- Interaction with babies and children

You can find more information **here**.





THE ARCHIE FOUNDATION

Volunteer Responders needed!

Do you like to help others in your community? Have you a little bit of spare time?

Are you kind, thoughtful, compassionate and a good listener?

If so, you could support a bereaved child or young person in your community and help us provide our home visiting responder service in your area.

Full training and support is provided online.

Find more information and apply **here**.





ALZHEIMER SCOTLAND

Volunteering opportunities!

We are keen to hear from people who enjoy activities such as arts & crafts, baking, TV, music, nature, sports and history who can offer some time to share these or any others you may have with people living with dementia.

Find more information here

Are you good with people and enjoy socialising? If so, we are looking for volunteers to join our Café groups. Volunteers ensure the smooth running of Alzheimer Scotland Cafes that operate within our Dementia Resource Centres and in other external Community Venues.

Find more information here

REDWINGS MOUNTAINS

New volunteering opportunities in Forfar!

Are you an open, friendly, eloquent person? Could you help visitors understand more about Redwings Mountain and our resident horses and donkeys? If so, we are looking for a Volunteer Site Assistant!

Find more information here

If you'd like to get a shine on the taps, or hoovering is your preferred daily workout, we need you! As a Volunteer Housekeeper, for a couple of hours a week, you could be a key part of the team that keeps our Visitor Centres running.

Find more information here



MONIFIETH BEFRIENDERS

Would you like to be a Volunteer Befriender?

We are looking for befrienders to bring friendship to socially isolated older people and bereaved people of any age living in Monifieth.

Being a Volunteer Befriender allows you to:

- Build a friendship with your Friend
- Go out for walks
- Have a chat and a coffee, in the house or in a local cafe
- Attend monthly meetings and outings with fellow volunteers...and much more!

You can find more information here.



NEXT CHAPTER SCOTLAND

New peer support Facebook group

A brand-new organisation, Next Chapter Scotland, have recently set up to help people in Scotland with criminal records to navigate the discrimination they can face throughout their lives.

Inspired by the brilliant work of the charity Unlock, who operate in England and Wales, the group want to help people in Scotland to navigate the barriers they can face in all aspects of their lives including, employment, travel, education etc.

The group have launched a Facebook page to support both people with criminal records and their family members.

Access the group **here**.



SCOTTISH AMBULANCE SERVICE - AIR AMBULANCE SERVICE

Air Ambulance Re-procurement Consultation – Last Call for Feedback!

The Scottish Ambulance Service's air ambulance operation mainly transfers patients to and from hospital from remote, rural and island communities. This includes providing air ambulance services to support ScotSTAR retrieval teams.

The aircraft used by the Air Ambulance Service are provided as part of a managed contract which is due to expire. As part of the contract review process, SAS launched a consultation and engagement exercise last year to gather feedback on this important service before air ambulance arrangements are renewed.

SAS is now in the final feedback stage of the consultation and engagement process and is encouraging anyone with views on its Air Ambulance Service to get in touch if they haven't done so already.

To contribute to the consultation, please email **sas.airamb@nhs.scot** by **17 March 2023.**

- Further information on the consultation can be found **here**
- A consultation and engagement report outlining progress so far is available here



CARNOUSTIE GOLF LINKS

Health & Wellbeing Day

Join us on Tuesday 28th February 2023, 11am-3pm at The Rookery, located within Links House at Carnoustie Golf Links.

This event is a partnership between Carnoustie Golf Links and Angus Mental Health and Wellbeing Network (AMHAWN). There will be information stalls and workshops regarding mental health and wellbeing to promote the support and services available in Angus, with a particular focus on the Carnoustie area, as well as a recruitment fair for Carnoustie Golf Links.

The event is aimed at current and prospective staff of the Golf Links and the general public.

Find more information on the day **here**.





MACMILLAN CANCER SUPPORT

Volunteering Services Delivery Lead Vacancy

Do you have exceptional volunteer management skills and the passion to help us deliver impactful, emotional and practical support services for people living with cancer?

We are currently recruiting for a Volunteering Services Delivery Lead in the North of Scotland.

You can find more information on the role **here**.

ANGUS VIOLENCE AGAINST WOMEN (AVAWP)

White Ribbon Angus - Speaker Training

The White Ribbon campaign is a male-led campaign against gender-based violence. The campaign recognises that most men do not commit violence against women, but all men have a role to play in ending it.

We are delighted to have White Ribbon Scotland join us in March to offer speaker training to those interested in the Angus Campaign.

Where and when?

The speaker training will take place via zoom over 2 half days on Monday 6th March 1pm- 4.30pm and Friday 10th March 10am -1pm.

You can find more information and book your place **here**.

ARBROATH FC COMMUNITY TRUST

Community Cafe

Come along to our community cafe, open to all!

Where and when?

We are open every Monday and Thursday from 11am- 1pm at Life Church, James Street, Arbroath

There will be soup, sandwiches, biscuits and more!

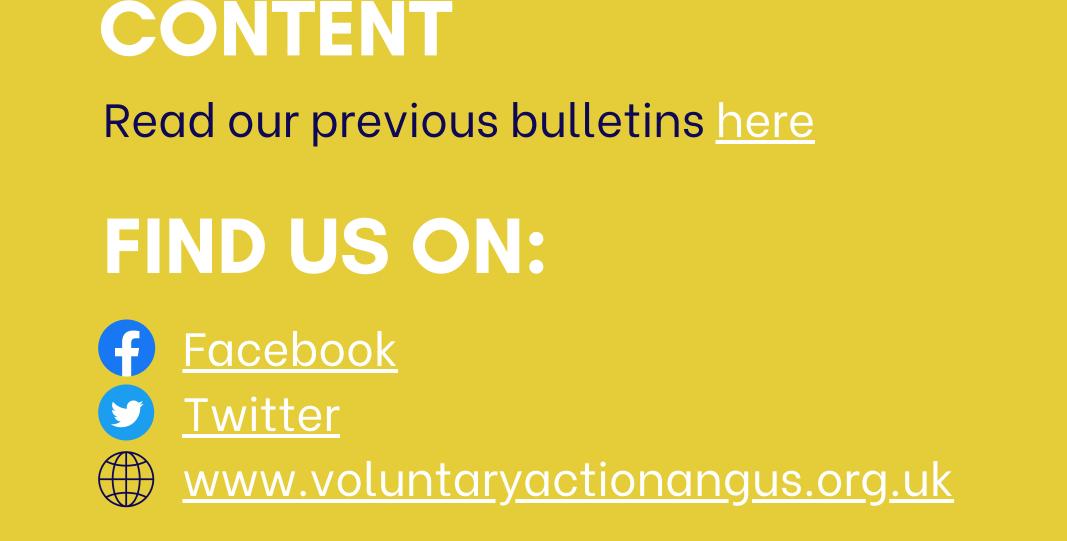
For more information, email: georgia@arbroathfcct.co.uk



SUBMITTING YOUR CONTENT

Would you like something added to next weeks bulletin? If so, send your submission to Laura@voluntaryactionangus.org.uk by **5pm** on **Wednesday 1st March**.

CATCH UP WITH OLDER



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