

# **Voluntary Action Angus**

## **Weekly Bulletin**

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*3rd March*

**Voluntary Action**  **ANGUS**


**Third Sector Interface**



This weeks content covers:

**Upcoming training sessions**  
**Community Clean Up events**  
**Available funding**  
**Volunteering opportunities**  
**Available support and information**

*We hope you enjoy reading some of the latest information and updates from the third sector, across Angus in this weeks Voluntary Action Angus TSI bulletin.*



# VOLUNTARY ACTION ANGUS

## Community Leaflet Drop Volunteers wanted!

**New to volunteering/ looking for an introduction? Have a few hours to spare?**

Working alongside Angus Health and Social Care Partnership, we are looking for volunteers to help deliver recruitment leaflets across Angus!

### About the volunteering opportunity:

- Starting in March 2023
- Deliver leaflets in your local neighbourhood
- Available morning, afternoon, evening and/or weekends
- This can be once a week, a few times a week or a one off!
- Open to people of all ages and abilities



You can find more information and apply **here**.

## INVEST IN ANGUS TEAM

### Help shape the Angus Economic Strategy!

The Invest in Angus team at Angus Council are in the process of developing a new and deliverable Local Economic vision, Strategy and Action Plan for Angus. This aims to identify where there are opportunities to challenge our current traditional economic development practices and adopt new holistic and people centred actions aligned to the wellbeing economy approach and its 4 key pillars – people, environment, community and business.

You can find more information and have your say by completing our survey **here**.

Developing an Angus  
Economic Strategy  
[www.investinangus.com](http://www.investinangus.com)

 **INVEST IN ANGUS**  
Live | Work | Grow



# ANGUS COUNCIL - SKILLS & EMPLOYABILITY TEAM

## Parental Employment Support Angus

Are you a parent living in Angus and looking to progress into employment or retrain? Would you like support to address barriers and achieve your goals?

The Skills & Employability Team are here to offer you Key Worker support along the journey.

### We can offer:

- Advice
- Support
- Training

Contact the Skills & Employability team on **07407 876306**, **07407 829531** or **parentemploy@angus.gov.uk**



## ACTIONFUNDER

### Funding available for non-profits in Angus

Empower Community Foundation has launched a £25,000 fund to support community projects working on/aiming to support the local community and environment.

Grants of up to £5,000 are available for community groups and charities of all shapes and sizes.

Applications are open and will be considered on a rolling basis until **31st March 2023**.

Don't miss out! You can find out more and apply **here**.





# ANGUS CARERS CENTRE

**Are you an unpaid carer who could do with a break?**

The Time to Live fund enables Angus Carers Centre to provide local unpaid carers from Angus with grants of up to £500 to help you take a short break which benefits carers and, or those you care for.

This gives you the freedom to choose a break that suits your lifestyle – whether that is a one-off event, a short break away, or enabling you to have regular time away from your caring role.

Find more information on the fund and if you are eligible **here**.



## THE ETHNIC MINORITY DEVELOPMENT FUND (EMDF)

**Funding available**

The Ethnic Minority Development Fund (EMDF) is available to any ethnic minority-led third-sector organisations in Scotland. The EMDF has been developed in partnership between CEMVO Scotland and The National Lottery Community Fund.

Organisations interested in applying to the EMDF will be required to submit an application that must do at least one of the following:

- Bring ethnic minority people together and build strong relationships across communities
- Help more ethnic minority people to be the best they can be, by supporting them as soon as possible
- Improve places and spaces that matter to ethnic minority communities.

Organisations can apply for a minimum of £500 up to a maximum of £20,000 for their project idea.

Find out more **here**



# ANGUS CLEAN ENVIRONMENTS

## Community Clean Up events

Come along to our Community Clean Up events, part of the great Angus Beach Clean. Everyone is welcome, especially children!

- All equipment & PPE supplied
- Refreshments provided
- Public toilets available
- Please wear sensible clothing & sturdy footwear

### Where and when?

#### Litter Picking & Surveying: Friockheim Park & Village

- Saturday 25th March 2023, 8am-4pm – All day event, pop along when you can, at Friockheim Park, Farnell Road, DD11 4XB
- Meet at the community lock-up next to the public toilets.

#### Litter Picking & Surveying: West Links Park & Beach Area Arbroath

- Saturday 1st April 2023, 8am-5pm. – All day event, pop along when you can at West Links Park, Arbroath, DD11 1QD.
- Meet At The Gazebo located next to the paddling pool & snack bar. Just a short walk from the car park

For more information contact: James Anderson on **07517 567518** or email: **[jsa2003@btinternet.com](mailto:jsa2003@btinternet.com)**





# ALZHEIMER SCOTLAND

## What's on March - Angus groups

Find out what's on at the Alzheimer Scotland Angus groups throughout March **here!**

What's On – March 2023  
Angus Groups



Tuesday	Wednesday	Thursday	Friday
	1 Arbroath Tea & Blether 10.30 – 12 noon	2 Arbroath Tea & Blether 10.30 – 12noon Carnoustie Drop-in Panbride Church Hall 2pm – 3.30pm	3 Monifieth Drop-in Dobbies Cafe 2pm-3.30pm
7 Brewhouse Lunch Club 12.30pm	8 Arbroath Tea & Blether 10.30 – 12noon Football Memories Arbroath FC 2pm – 3.30pm	9 Arbroath Tea & Blether 10.30 – 12noon Forfar Drop-in East & Old Church 2pm – 3.30 pm	10
14 Arts and Crafts Group Arbroath DRC 2pm – 3.30pm	15 Arbroath Tea & Blether 10.30 – 12noon Brechin Drop-In Café Glebe Park 2pm – 3.30pm	16 Arbroath Tea & Blether 10.30 – 12noon Montrose Drop-In Café Old & St Andrews 2pm – 3.30pm	17 Birkhill Drop-in Millennium Hall 2pm – 3.30pm
21 Music & Movement Arbroath DRC 2pm – 3.30pm	22 Arbroath Tea & Blether 10.30 – 12noon Brechin Music and Memories 2pm – 3.30pm	23 Arbroath Tea & Blether 10.30 – 12noon	24
28	29 Arbroath Tea & Blether 10.30 – 12noon	30 Arbroath Tea & Blether 10.30 – 12noon Arbroath Boogie Royal British Legion 2pm – 4pm	31 Making Sure nobody face dementia alone.

For More information contact  
Rosemary Moncur  
☎ - 07585 700902 - 📧 - [rmoncur@alzscot.org](mailto:rmoncur@alzscot.org)

or  
Janet Quantock  
☎ - 01241431770 - 📧 - [jquantock@alzscot.org](mailto:jquantock@alzscot.org)

# MONIFIETH BEFRIENDERS

## Would you like to be a Volunteer Befriender?

We are looking for befrienders to bring friendship to socially isolated older people and bereaved people of any age living in Monifieth.

### Being a Volunteer Befriender allows you to:

- Build a friendship with your Friend
- Go out for walks
- Have a chat and a coffee, in the house or in a local cafe
- Attend monthly meetings and outings with fellow volunteers...and much more!

You can find more information **here.**



# DIABETES SCOTLAND

## New volunteering opportunity!

We are now recruiting volunteers to help extend our reach and support people who have been identified as being at “High” or “Moderate” risk of type 2 diabetes after taking part in the SPFL Trust Football Fans In Training programme.

Volunteers will do this by explaining why diabetes is serious by encouraging them to take action about their risk of type 2 diabetes. Signposting individuals to Diabetes UK information and advice, and to appropriate pathways for support.

You can find more information **here**.



# HOME-START ANGUS

## We are looking for Family Support Volunteers!

Do you have parenting experience? Could you help make a difference for young families?

Many parents need help, friendship, advice or support during those early years when children are young, your experience as a parent can help other parents!

Our next preparation course is starting on 19th April 2023.

Find more information **here**.





# NHS TAYSIDE

## Garden Volunteer wanted

We are looking for a volunteer to help look after the small garden at the Macmillan Centre and to lead gardening activities for people attending the Centre.

### Core duties include:

- To carry out light gardening jobs to maintain the garden
- To identify small gardening tasks which patients could take part in and to organise and lead these
- To feed back any concerns regarding the wellbeing of patients to nursing staff in the first instance



You can find more information [here](#)

## Volunteer Driver wanted

We are looking for a volunteer to enhance patient experience by supporting them with transport to access Day Care services, attend clinic appointments and social activities, where appropriate.

### Core duties include:

- To collect/return patients from or to their home, day care services or ward in safety and comfort
- To listen to and talk with patients
- Respecting confidentiality, maintaining the persons dignity and comply with the NHS Tayside Confidentiality Policies

You can find more information [here](#).



# ANGUS CHILD PROTECTION COMMITTEE

## Awareness Raising/ Networking Event Learning Sessions

This face to face, marketplace, drop-in event is open to all professionals, giving an opportunity to network with organisations who offer support services to children and families throughout Angus.

Stalls will be available, enabling opportunities for attendees to gain valuable information about organisations and meet the people who provide the services.



### Where and when?

16th March 2023 1.30pm-4.30pm at East and Old Parish Church, 38-40 E High St, Forfar

You can find more information and book a place **here**.

## Named Person Awareness Raising/ Networking Event

This event is open to all professionals who undertake the Named Person role and its aim is to raise awareness of Third Sector organisations in Angus. It will give a great opportunity to network across organisations and meet other people who can offer support to children and families. It will also highlight the changes within the GIRFEC refresh 2022 and how this may impact on services and the role of the Named Person.

### Where and when?

16th March from 10am-1pm at East and Old Parish Church, 38-40 E High St, Forfar

You can find more information and book a place **here**.





# PROTECTING PEOPLE ANGUS

## Upcoming Protecting People Awareness Raising Learning Sessions

All multi-agency professionals, carers or volunteers who have a role in supporting people who may be at risk of harm regardless of age, gender, or capacity, have an obligation to keep them safe.

This event will give an overview of Child Protection, Violence Against Women and Adult Protection, supporting you to understand/identify when someone maybe at risk of harm and when to act.

### Where and when?

- Monday 6th March, Training suit, Angus House, Forfar 1.30pm – 5pm (Register [here](#))
- Wednesday 22nd March, Room G1, Bruce House, Arbroath 1.30pm – 5pm (Register [here](#))
- Thursday 6th April, Training suit, Angus House, Forfar 9.30am – 1pm (Register [here](#))
- Tuesday 25th April, Room G1, Bruce House, Arbroath 9.30am – 1pm (Register [here](#))

# CRUSE SCOTLAND

## Support for workplaces affected by suicide

We recognise how devastating it can be when a colleague, client or patient dies by suicide. The feelings can be overwhelming – some people may experience shock and depression, others report feelings of guilt and blame and managers are often unsure how to navigate the aftermath.

We are funded by Scottish Government to deliver this specialised support for any workplace across Scotland that has been affected by suicide.

Find out more information [here](#).





# NHS TAYSIDE WORKPLACE TEAM

## Free online awareness workshops

We are delighted to share our upcoming free online awareness workshops in partnership with local and national partners.

The workshops will highlight a number of free available support that workplaces and employees across Tayside can access to implement fair work practices in their organisation and support positive health and wellbeing.

Each 1-hour session delivered via Microsoft Teams will include time allocated for questions from participants who are in attendance on the day.

You can find more information about each workshop **here**.

To book your free space, please email your name, phone number, job role, and employer to:  
**tay.hwl-workplaceprog@nhs.scot**



## FRIOCKHEIM PARK

### Explore Friockheim Village

Friockheim Park is home to a constituted community group who work alongside Angus Council to maintain the area of Friockheim including the public toilets, public park, public gardens, litter bins and bus stops.

Come along and enjoy a free tour of the area of Friockheim, with a free hot drink for adults or a soft drink for children, and find out more about the work of the group.

### Where and when?

Friday 24th–Sunday 26th March from 7am–6pm

Tours will run on demand and will last approximately 45 minutes. To book, call **07517 567518** or email **jsa2003@btinternet.com**



## SUBMITTING YOUR CONTENT

Would you like something added to next weeks bulletin? If so, send your submission to [Laura@voluntaryactionangus.org.uk](mailto:Laura@voluntaryactionangus.org.uk) by **5pm** on **Wednesday 8th March**.

## CATCH UP WITH OLDER CONTENT

Read our previous bulletins [here](#)

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