

Voluntary Action Angus

Weekly Bulletin

31st March

Voluntary Action  **ANGUS**


Third Sector Interface



This weeks content covers:

Available funding
Community Benefit Gateway
Carnoustie Memories
New job vacancy
Volunteering opportunities
Available support and information

We hope you enjoy reading some of the latest information and updates from the third sector, across Angus in this weeks Voluntary Action Angus TSI bulletin.



VOLUNTARY ACTION ANGUS

Susan Godsall Farewell

It's with a heavy heart that we are announcing Susan Godsall has resigned from Voluntary Action Angus, Susan's last official working day will be Friday 31st March.

Susan has been a very important member of VAA staff for many years, VAA Staff and Board wish her well in any future ventures.



Community Leaflet Drop Volunteers wanted!

New to volunteering/ looking for an introduction? Have a few hours to spare?

Working alongside Angus Health and Social Care Partnership, we are looking for volunteers to help deliver recruitment leaflets across Angus!

About the volunteering opportunity:

- Deliver leaflets in your local neighbourhood
- Available morning, afternoon, evening and/or weekends
- This can be once a week, a few times a week or a one off!
- Open to people of all ages and abilities



You can find more information and apply **here**.

Are you looking for a fun-filled Friday afternoon?

Are you aged 15 to 25? Ever thought of becoming a Volunteer? We have an opportunity for you!

We are looking for volunteers:

- Aged 15–25
- Free on Friday afternoons
- Patience, understanding and good communication skills

You will:

- Spend time with the residents of sheltered housing in Kirriemuir
- Have a cuppa and a cake
- Play bingo, board games, have a laugh and much more!

If interested, please call **01307 466113** or email **michelle@voluntaryactionangus.org.uk**



Children's Mental Health and Wellbeing Funding Update

Voluntary Action Angus aim to launch the above fund next Friday; the fund details will be announced in next week's bulletin.

This fund will be open to all Third Sector organisations, please see below key points to note:

- This is non-continuation funding – for new projects only
- This is 12 months funding
- The maximum any organisation can apply for is £35,000.

Full details to follow in next weeks bulletin.



THE MANNA PROJECT

Afternoon tea thank you event

An afternoon tea was held at the Carnoustie Baptist Church on Friday 3rd March to thank all of those who throughout 2022 have supported the Manna Project and the Manna Cafe, financially, with donations of food, provisions and unstinting encouragement.

The event was attended by the Provost of Angus, as well as representatives from local businesses, committees, community groups and voluntary organisations.

Read our full article [here](#).



ALZHEIMER SCOTLAND

What's on throughout April - Angus groups!

Find out what's on at the Alzheimer Scotland Angus groups during April [here](#).

What's On - April 2023 Angus Groups			
Tuesday 4	Wednesday 5	Thursday 6	Friday 7
Brewhouse Lunch Club 12.30pm	Arbroath Tea & Blether 10.30 - 12 noon	Arbroath Tea & Blether 10.30 - 12noon	Monifieth Drop-in "CHANGE OF VENUE" Monifieth Community Cabin 2pm-3.30pm
11	12	13	14
Arts and Crafts Group Arbroath DRC 2pm - 3.30pm	Football Memories Arbroath FC 2pm - 3.30pm	Forfar Drop-in East & Old Church 2pm - 3.30 pm	
18	19	20	21
Music & Movement Arbroath DRC 2pm - 3.30pm	Brechin Drop-In Café Glebe Park 2pm - 3.30pm	Montrose Drop-In Café Old & St Andrews 2pm - 3.30pm	Birkhill Drop-in Millennium Hall 2pm - 3.30pm
25	26	27	28
	Arbroath Tea & Blether 10.30 - 12noon Brechin Music and Memories 2pm - 3.30pm	Arbroath Tea & Blether 10.30 - 12noon Arbroath Boogie Royal British Legion 2pm - 4pm	
Making sure nobody faces dementia alone.			
For More information contact Rosemary Moncur or Janet Quantock ☎ - 07585 700902 - 📧 - rmoncur@alzscot.org ☎ - 01241431770 - jquantock@alzscot.org			
"Our Community Groups are there to be enjoyed by anyone living with dementia or experiencing difficulties with their memory, including their families and friends. All are welcome; people who can attend independently and/or for those unable to do so should come with a companion who can provide any support for them. We don't provide transport for these groups and therefore it is your responsibility to get to and from this community activity, safely."			

BUTTLE UK

Chances for Children Grants

We have individually tailored grants of up to £2,200 for children and young people who have experienced a crisis that has recently had a significant and enduring impact on their wellbeing and educational engagement.

We fund items and activities to help improve children and young people's wellbeing and increase their capacity to engage in education and learning.

You can find more information and the full criteria [here](#).



PROTECTING PEOPLE ANGUS

Protecting People Awareness Raising Learning Session

All multi-agency professionals, carers or volunteers who have a role in supporting people who may be at risk of harm regardless of age, gender, or capacity, have an obligation to keep them safe.

This event will give an overview of Child Protection, Violence Against Women and Adult Protection, supporting you to understand/identify when someone may be at risk of harm and when to act.

This training is open to anyone who has a role in supporting people, within the Angus area.

Where and when?

Thursday 6th April at Training Suit, Angus House, Forfar from 9.30am-1pm (register [here](#))

Tuesday 25th April in Room G1, Bruce House, Arbroath from 9.30am-1pm (register [here](#))



POPPY SCOTLAND

Find out about our Bud mobile micro museum and our volunteering opportunity in Angus!

“Bud“, an 18-tonne truck that transforms into an interactive mobile micro museum and travels across Scotland visiting schools and attending events across the country.

Exhibits within the interactive mobile micro museum include historical artefacts, interactive displays and the moving stories of veterans and their families who have been supported by Poppyscotland. Visitors to Bud also have the opportunity to make their own poppy using the same methods as the 34 strong team of disabled veterans at Lady Haig’s Poppy Factory in Edinburgh.

We are looking for Bud Heritage Volunteers!

As a Bud Heritage Volunteer, you will support the delivery of the Bud project when Bud is in Angus. The next dates Bud is in Angus will be; 17th, 19th, 20th & 21st April 2023.

This could see you supporting in one of the key tasks below:

- Welcome members of the public and groups (schools, girl guides, brownies, cubs, cadets etc.) visiting Bud on their arrival
- To deliver activities both indoor and outdoor as planned by the Bud team
- To assist with the evaluation of Bud by encouraging feedback and collecting data

You can find more information **here**.



BIPOLAR SCOTLAND

Peer Support Volunteer - Post Diagnosis Support

We would like to meet people who live with bipolar disorder and who have reached the point that they are managing their bipolar well. If you would like to spend a little of your time helping someone who has recently been diagnosed with bipolar disorder, then we would like to hear from you.

We are looking for volunteers to work collaboratively with the Peer Workers and other colleagues, our Peer Support Volunteers provide complimentary practical and emotional support to those who have been newly diagnosed with bipolar.

Find more information **here**.



Group Facilitator Volunteer

Bipolar Scotland facilitates a number of self-help groups across Scotland that bring together people living with bipolar to learn from and support each other.

We are seeking reliable, enthusiastic individuals with excellent communication skills and a willingness to learn. Training takes place throughout the year across three evening sessions, and the role can be carried remotely although we are also seeking individuals who would be willing to co-facilitate groups face-to-face in their local communities where there's a desire for this.

Find more information **here**.



NHS TAYSIDE

Community Benefit Gateway



Community Benefit Gateway (CBG) is a free and easy to use online service that connects NHS Scotland suppliers with third sector community organisations in Tayside who are looking for assistance with a variety of needs.

It is open to all third sector community organisations across Tayside.

Needs can be anything from supporting training and development, donation of equipment, assistance with building community facilities, environmental proposals.. and much more!

Click **here** for more information and to apply.

For any queries contact NHS Tayside at **tay.communitybenefitgateway@nhs.scot**

CARE ABOUT ANGUS

We are recruiting Community Support Workers in Angus

We are looking for staff who are kind, compassionate and caring to do some light housework, shopping and provide companionship to people across Angus who need this kind of support.

You must be able to drive anywhere within the Angus area and be willing to work flexibly to meet the needs of our growing client group. Hours will be negotiable to meet the needs of our clients but will not exceed 20 hours per week.

Find more information **here**.

If you are interested in joining our team and think you have the skills we are looking for please submit your CV to **info@careaboutangus.org.uk** and we will get back to you to chat our job opportunities through further.



CARNOUSTIE MEMORIES

Incorporating Golf Memories, Singing With Friends and Football Action

We are a community based group managed and led by volunteers for the benefit of people living with dementia or memory loss or feeling isolated and lonely.

Attendance for all is free!

Our key aim is to be inclusive and to reconnect our members with their sport of choice- Golf or Football and/or wide range of music.

Friendly banter and fun are ever present in a warm and friendly atmosphere in which to relax and enjoy the shared friendship memories.

Golf Memories

Takes place in Links House on the first Thursday of each month from 10.30am-12pm

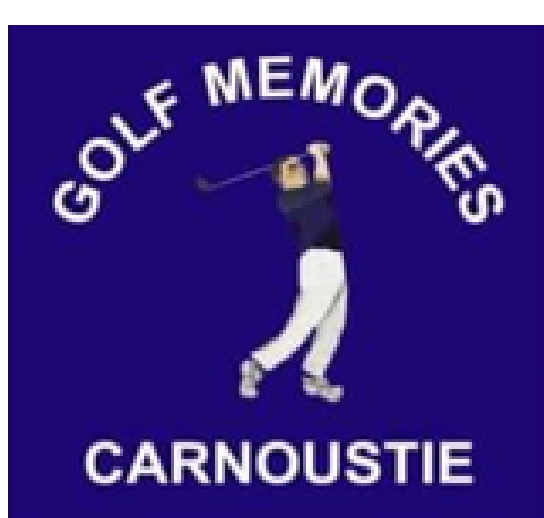
Singing With Friends

Takes place in the Braid Hall, Kinloch Centre on the second Monday of each month from 11am-12pm

Football Action

Takes place in the Braid Hall, Kinloch Centre on the third Tuesday of each month from 2.30pm-4pm

For further information email lyoung37@btinternet.com or call **07876 743666**



EASYFUNDRAISING

State of the nation survey/£250 donation

How is the cost-of-living crisis affecting your voluntary organisation, charity, or CIC?

We are inviting all third sector organisations in Angus to take part in a short survey to discover the impact on fundraising in 2023.

As a thank you for taking the time, anyone who completes the survey will enter their organisation into the draw to win a £250 donation.

Take the survey **here**.



ANGUS CYCLE HUB

Tell Angus Council what you think!

We want to help the council shape Arbroath's future but we need your input to do it. Whether you want to see more walking path networks, cycle trails, better bus facilities or e-car charging, we want to know.

Help us keep Angus wild, clean and a place we can travel in for generations to come.

Access the survey **here**.



ANGUS WOMENS AID

Angus Third Sector Childrens Services Forum Logo Design Competition!

Children & young people of Angus, we have an exciting opportunity for you to work together to design a logo for the Angus Third Sector Children's Services Forum.

If you are a budding artist or are keen to get involved more with your local community then why not join in with other young people in your area and submit your masterpiece for our competition.

Please email **bonnie@anguswomensaid.co.uk** or call **01241 439437** to get involved. We plan to hold some in person and/or online sessions during the Easter break.



"Is it even abuse mate?" questionnaire

A questionnaire designed by AWARE to learn about young men's experiences of domestic abuse in their own intimate relationships. This is aimed at young men in Angus aged 13-18.

To ensure your confidentiality, the questionnaire is anonymous so no personal details are being shared and therefore you will not be identifiable.

The information you provide will support us to gather information to produce a report identifying if a support service for young men experiencing domestic abuse in their own intimate relationship is needed in the Angus area.

Access the questionnaire **here**.



NHS TAYSIDE PUBLIC PARTNER NETWORK

Join the NHS Tayside Public Partner Network and have your say!

Are you interested in having a say on how NHS Tayside services are developed? Then the Public Partner Network might be for you!

We are looking for a wide range of people who have an interest in their health service to join NHS Tayside Public Partner Network.

You do not need to have specialist skills, knowledge or experience of healthcare. You can get involved in person, online, in writing or a mixture of all.

You can find more information **here**.



MONIFIETH BEFRIENDERS

Join our free Brunch Group!

We have a new brunch group for men over 60 in Monifieth!

Where and when?

Every Tuesday from 11am–2pm in the Masonic Lodge, Dalhousie Street, Monifieth.

We offer complimentary morning rolls with bacon, egg or sausage, tea, coffee, biscuits, use of the pool table, games of dominoes or cards, and plenty of chat.

We have around 12 regular attendees who absolutely love it and we're looking for more men to come along and enjoy the company!

Call **01382 760142** for more information.



SUBMITTING YOUR CONTENT

Would you like something added to next weeks bulletin? If so, send your submission to Laura@voluntaryactionangus.org.uk by **5pm** on **Wednesday 5th April**.

CATCH UP WITH OLDER CONTENT

Read our previous bulletins [here](#)

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www.voluntaryactionangus.org.uk

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