

Voluntary Action Angus

Weekly Bulletin

14th April

Voluntary Action  **ANGUS**


Third Sector Interface



This weeks content covers:

Room booking at The Cross
Available funding
Workshops and training
Volunteering opportunities
Available support and information

We hope you enjoy reading some of the latest information and updates from the third sector, across Angus in this weeks Voluntary Action Angus TSI bulletin.



VOLUNTARY ACTION ANGUS

Are you looking for a fun-filled Friday afternoon?

Are you aged 15 to 25? Ever thought of becoming a volunteer? We have an opportunity for you!

We are looking for volunteers:

- Aged 15–25
- Free on Friday afternoons
- Patience, understanding and good communication skills

You will:

- Spend time with the residents of sheltered housing in Kirriemuir
- Have a cuppa and a cake
- Play bingo, board games, have a laugh and much more!

If interested, please call **01307 466113** or email **michelle@voluntaryactionangus.org.uk**



Community Leaflet Drop Volunteers wanted!

New to volunteering/ looking for an introduction? Have a few hours to spare?

Working alongside Angus Health and Social Care Partnership, we are looking for volunteers to help deliver recruitment leaflets across Angus!

About the volunteering opportunity:

- Deliver leaflets in your local neighbourhood
- Available morning, afternoon, evening and/or weekends
- This can be once a week, a few times a week or a one off!
- Open to people of all ages and abilities



You can find more information and apply **here**.

Children's Mental Health and Wellbeing Funding Update

There has been a delay in launching the fund however it will be launched in next week's Voluntary Action Angus bulletin.

This fund will be open to all Third Sector organisations, please see below key points to note:

- This is non-continuation funding – for new projects only
- This is 12 months funding
- The maximum any organisation can apply for is £35,000.

Full details to follow in next weeks bulletin.



Room booking at The Cross

Are you looking for a local space to hold a meeting or an event? We have two meeting rooms available for booking at The Cross.

Cost:

- £10 per hour with a minimum cost of £20
- We also provide refreshments such as tea and coffee for an additional £2.50 per meeting

Equipment available:

- TV screen
- Webcam
- Flipchart stand (we do not provide paper)
- Whiteboard and pens

You can find more information and fill in our booking request form **here**.



PLANNING AID SCOTLAND

Sustaining Choices – applications now open

PAS are excited to launch our third programme of Sustaining Choices. This programme works with up to seven community groups to produce Active and Sustainable Travel Action Plans.

We work closely with communities for over a year, delivering training, supporting community engagement, data analysis and report writing so that they can develop a vision of better walking, wheeling, cycling, and public transport for their areas. In particular we're looking to support communities who would especially benefit from having better active and sustainable transport.

Applications are open until the **21st April** and you can apply **here**.

Please contact Erin (project lead) if you'd like to find out more: **erin@pas.org.uk**



SHORT BREAKS FUND

Creative Breaks programme

The Creative Breaks programme provides 12 month grants to third sector organisations to develop and deliver short breaks projects and services for carers of adults (aged 21 years and over), and young carers (caring for children or adults), and the people that they care for.

A total of around £1 Million is available. Grants are for one year (October 2023 – September 2024)

Find more information on the fund and how to apply **here**.

Applications must be submitted by **5pm** on **Thursday 25th May 2023** (late or incomplete applications will not be accepted).



PROTECTING PEOPLE ANGUS

Safeguarding for Community Organisations

Information session for community organisations

This session is suitable for anyone with a leadership role within a charity, community group or social enterprise, looking for more information on developing safeguarding policies and procedures.

This session is NOT child or adult protection training.

Where and when?

Wednesday 3rd May from 2pm-3pm at Training Suite, Angus House, Forfar DD8 1AN

Find more information and book your place [here](#)



ANGUS INDEPENDENT ADVOCACY

Every Voice Matters - Advocacy Awareness Week

We are holding some informal open sessions at our office during Advocacy Awareness Week (24th-28th April).

Come along to our Advocacy Awareness Sessions on:

- Monday 24th April 11.30am-1.30pm
- Tuesday 25th April 2pm- 4pm
- Thursday 27th April 12pm- 2pm

At our office, 69 High Street, Arbroath, DD11 1AN

This is a chance for people to find out about what we do across all of the projects at Angus Independent Advocacy, everyone is welcome, just pop in!



ABLE FUTURES

Free facilitated awareness workshop

Able Futures are running a free facilitated awareness workshop delivered in partnership with NHS Tayside Workplace Team.

Able Futures provide free support to people working and living with mental health difficulties, employers and providers of apprenticeships.

Lisa Woodward from Able Futures will share more about the work of Able Futures and how people can access the free support.

Where and when?

Tuesday 18th April from 10am-11am via Microsoft Teams

To book your space please email your name, job role, phone number and employer to **tay.hwl-workplaceprog@nhs.scot**



CARE ABOUT ANGUS

We are recruiting Community Support Workers in Angus

We are looking for staff who are kind, compassionate and caring to do some light housework, and shopping and provide companionship to people across Angus who need this kind of support.

You must be able to drive anywhere within the Angus area and be willing to work flexibly to meet the needs of our growing client group. Hours will be negotiable to meet the needs of our clients but will not exceed 20 hours per week.

Find more information **here**.

If you are interested in joining our team and think you have the skills we are looking for please submit your CV to **info@careaboutangus.org.uk** and we will get back to you to chat our job opportunities through further.



DUNDEE UNIVERSITY

Short Life Working Group: Service user and Carer involvement in the nursing curriculum

Are you passionate about shaping the future of nursing education? We're looking for service users and carers to co-develop a strategy with us. We want your valuable lived experience embedded into the recruitment, teaching, and assessment of student nurses.

You'll work collaboratively with University staff members and students to identify key areas where your experience can be incorporated into the curriculum. By sharing your knowledge and expertise, you'll help shape the next generation of nurses and contribute to the future of healthcare delivery.

If you're interested in being part of this exciting initiative, please send an email to: **SHS_PublicEngagement@dundee.ac.uk** expressing your interest by **21st April 2023**.



MOONWALK SCOTLAND 2023

Event Volunteers Needed!

Are you a dedicated and organised person, passionate about helping others? Join our night-time party and lots of other Volunteers at The MoonWalk Scotland on Saturday 9th September 2023 from Holyrood Park, Edinburgh!

Bring your energy and by helping the thousands of women and men, walking an overnight marathon in decorated bras, raising lots of money for breast cancer!

You could spend your Saturday evening at the MoonWalk, by joining one of 20 different teams, from around 6pm through to midnight – from litter picking to registering baggage or handing out volunteer uniforms!

You can find more information and apply **here**



NHS TAYSIDE

Garden Volunteer wanted



We are looking for a volunteer to help look after the small garden at the Macmillan Centre and to lead gardening activities for people attending the Centre.

Core duties include:

- To carry out light gardening jobs to maintain the garden
- To identify small gardening tasks which patients could take part in and organise and lead these
- To feed back any concerns regarding the wellbeing of patients to nursing staff in the first instance

You can find more information **here**.

Volunteer Driver wanted

We are looking for a volunteer to enhance patient experience by supporting them with transport to access Day Care services, attend clinic appointments and social activities, where appropriate.

Core duties include:

- To collect/return patients from or to their home, day care services or ward in safety and comfort
- To listen to and talk with patients
- Respecting confidentiality, maintaining the persons dignity and comply with the NHS Tayside Confidentiality Policies



You can find more information **here**.

HOME-START ANGUS

We are looking for Family Support volunteers across Angus!

We are looking for volunteers across Angus with parenting experience to help make a difference for young families. With volunteer numbers low in Forfar and Kirriemuir, we would encourage anyone interested to apply!

Many parents need help, friendship, advice or support during those early years when children are young, your experience as a parent can help other parents!

Our next preparation course is starting on **19th April 2023**.

Find more information **here**.



NHS TAYSIDE PUBLIC PARTNER NETWORK

Join the NHS Tayside Public Partner Network and have your say!

Are you interested in having a say on how NHS Tayside services are developed? Then the Public Partner Network might be for you!

We are looking for a wide range of people who have an interest in their health service to join NHS Tayside Public Partner Network.

You do not need to have specialist skills, knowledge or experience of healthcare. You can get involved in person, online, in writing or a mixture of all.

You can find more information **here**.



DD8 MUSIC

Read our latest DD8 Digest

April's edition of the DD8 Digest has been released!

You can read it **here**.



ANGUS CYCLE HUB

Tell Angus Council what you think!

We want to help the council shape Arbroath's future but we need your input to do it. Whether you want to see more walking path networks, cycle trails, better bus facilities or e-car charging, we want to know.

Help us keep Angus wild, clean and a place we can travel in for generations to come.

Access the survey **here**.



SUBMITTING YOUR CONTENT

Would you like something added to next weeks bulletin? If so, send your submission to Laura@voluntaryactionangus.org.uk by **5pm** on **Wednesday 19th April**.

CATCH UP WITH OLDER CONTENT

Read our previous bulletins [here](#)

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