

# **Voluntary Action Angus**

## **Weekly Bulletin**

---

*5th May*




**Third Sector Interface**



This weeks content covers:

**Available grants**  
**Online Volunteer Fayre**  
**New vacancy**  
**Upcoming events**  
**New Volunteering opportunities**  
**Available support and information**

*We hope you enjoy reading some of the latest information and updates from the third sector, across Angus in this weeks Voluntary Action Angus TSI bulletin.*



# VOLUNTARY ACTION ANGUS

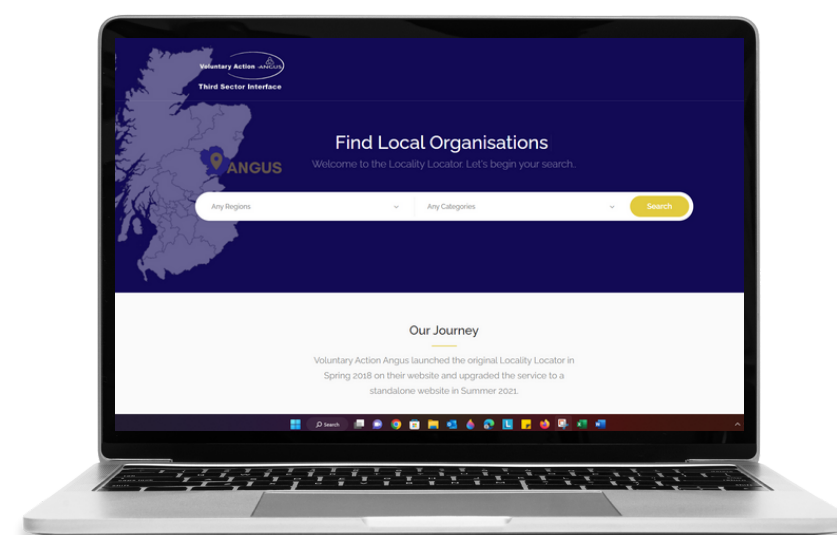
## Demystifying Death Week/ New Locality Locator Category now live

This week, 1st– 7th May is Demystifying Death Week, an opportunity to shine a light on death, dying and bereavement in Scotland.

As part of Demystifying Death Week, we have introduced a Bereavement, Loss and Grief category to our Locality Locator.

Grief is something that affects everyone at some point in their lifetime, and it is something that we all deal with differently.

If you live in Angus and are looking for organisations that can support you, visit our Locality Locator **here**.



## Are you looking for a fun-filled afternoon?

Are you aged 15 to 25? Ever thought of becoming a volunteer? We have an opportunity for you!

### We are looking for volunteers:

- Aged 15–25
- Free on Friday and Tuesday afternoons
- Patience, understanding and good communication skills

### You will:

- Spend time with the residents of sheltered housing in Kirriemuir (Fridays) or in Arbroath (Tuesdays)
- Have a cuppa and a cake
- Play bingo, board games, have a laugh and much more!



If interested, please call **01307 466113** or email **michelle@voluntaryactionangus.org.uk**

# KIRRIEMUIR REGENERATION GROUP

---

## Camera Obscura Volunteer

The Camera Obscura and Cafe Obscura are open Saturday, Sunday and Monday, April to October and we need your help in both the Camera and Cafe!

Volunteer roles include greeting visitors and serving in the Cafe, and/or operation of Camera Obscura and guiding visitors through the experience.

Find more information **here**.



## Park & Facilities Maintenance Volunteer

We are looking for park and facilities maintenance volunteers at Kirrie Den.

Maintenance of park and public facilities at Kirrie Den can include painting and maintaining park benches, railing and bandstand, reinstatement and maintenance of paths, some pruning of bushes, litter picking and more.

Find more information **here**.





# CANCER RESEARCH UK

## We are looking for a Retail Assistant Volunteer in Arbroath!

We are looking for a retail assistant to help serve customers, taking cash and providing good all-round customer service, sorting through donated items and pricing stock and much more.

Volunteering in our shops is varied, exciting and rewarding. No two days are the same and you have the chance to flex different skills regularly.

Find more information and apply **here**.



## ENABLE WORKS

### All In Angus programme

Enable Works' All In programme provides holistic, person-centred, specialist support for people who have a disability or long-term health condition. The aim of the programme is to support people into valued and fulfilling work roles all across the country.

Following a five stage supported employment model, we provide a 1:1 service that helps people to identify, obtain and thrive in jobs within their open labour market. We do this through vocational profiling, job analysis and matching, as well as job coaching in the workplace.

We also provide support to people already in the labour market who need support to retain jobs or to progress their careers.

If you are interested to learn how we could support you, please contact Amy Wilson on **07591 389 069** or **amy.wilson@enable.org.uk** or Sacha Martin on **07922 385 826** or **sacha.martin@enable.org.uk**.

# FOOD TRAIN CONNECTS

## Food Train Connects & The Big Help Out Online Volunteer Fayre

Come and join us for The Big Help Out! Find out how you can volunteer, what we do and how we support older people in communities all over Scotland. Our aim is to help older people to eat well, live well and age well, independently in their own homes, for as long as they're able.

### When and where?

Monday 8th May, this is an online event

**There are three virtual drop-in sessions throughout the day:**

- 12pm–2pm
- 3pm–5pm
- 6pm–8pm

Register for the event **here**.



# HOSPITALFIELD

## New 8 week programme for people with experience of long term health conditions

We are looking for participants to join us for a new 8 week programme at Hospitalfield in partnership with Tayside Healthcare Arts Trust (THAT), for people with experience of long term health conditions.

This programme is a great opportunity for those who want to explore their creativity, the garden, and work on an artistic project in a group with no experience needed.

The programme will begin 16th May (please register by 8th May)

Find more information and how to register **here**.





# LONG TERM UNEMPLOYED PROGRAMME (LTU)

## 2023/24 programme

You may already be aware of the Long Term Unemployed (LTU) Programme which in 2022/23 saw 30 participants over the age of 25 and who had been unemployed for more than 12 months complete paid work placements. To date, 22 of those individuals have moved into sustainable employment as a result of the programme.

All placements are paid at the Real Living Wage which is currently £10.90ph and all salary costs (including employer costs) are met by the fund. All participants are also required to undertake certified or accredited industry recognised training during the placement and the fund also covers the cost of this.

Funding has been secured to run the programme again in 2023/24 and the criteria has been amended to also include those aged 20-24 who have been unemployed for six months or more as well as individuals aged 25 or over who have been unemployed for 12 months or more.

You can find more information on the programme in the Placement Form [here](#).

If you are in a position to offer a fully funded opportunity we'd love to hear from you! You can email us on **LTU@angus.gov.uk** or call on **07919 187 538**.

Are you a public or 3rd sector organisation?

**Can you offer an entry level work placement?**

For more information please email us at [LTU@angus.gov.uk](mailto:LTU@angus.gov.uk) or call 01307 492039



Scottish Government  
Riaghaltas na h-Alba  
[gov.scot](http://gov.scot)



# POLICE SCOTLAND

## Cyber Byte - Can your recycled devices expose your personal data?

Police Scotland has released their latest Cyber Byte. This is a short read and certainly worth considering when you dispose of old devices and for consideration either as an individual or as a larger organisation.

Read our latest Cyber Byte **here**.



# VOLUNTEERING MATTERS ACTION EARTH

## Grab A Grant

Volunteering Matters Action Earth has grants up to £250 to support volunteers carrying out habitat creation and improvements in Scotland's built up areas and surrounding sites.

Projects can include tree-planting, wildflower meadow creation, wildlife habitat builds, pond work, community gardens & woodlands and improvements to other green spaces. Grants can be used to purchase plants, tools and materials.

This year, we are looking to support projects based primarily in cities, towns and villages or in urban adjacent green spaces.

Find more information and make an application **here**.





# ANGUS INDEPENDENT ADVOCACY

## We are looking for a Citizen Advocacy Development Worker!

We are seeking a Citizen Advocacy Development Worker who has experience of providing support to individuals experiencing mental ill health. This post will focus on facilitating citizen advocacy partnerships in the southeast locality of Angus.

**Part time:** 21 hours per week

**Salary:** £15754.61 (fixed term for one year)

Mainly based at AIA Offices, Arbroath with option for blended working.

**Closing date:** 12pm Monday 29th May 2023

Find more information and how to apply [here](#).



# ALZHEIMER SCOTLAND

## What's on May - Alzheimer Scotland Angus groups

Find out what's on throughout May at the Alzheimer Scotland Angus groups [here](#).

What's On – May 2023 Angus Groups				
Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	4	5
	Brewhouse Lunch Club 12.30pm	Arbroath Tea & Bletcher 10.30 – 12 noon	Arbroath Tea & Bletcher 10.30 – 12noon *Carroussel Drop-in *CHANGE OF VENUE* Comrie Hall 2pm – 3.30pm	Monifieth Drop-in *CHANGE OF VENUE* Monifieth Community Café 2pm – 3.30pm
8	9	10	11	12
*Celebration Arbroath DRC 10.30-12noon	Arts and Crafts Group Arbroath DRC 2pm – 3.30pm	Arbroath Tea & Bletcher 10.30 – 12noon Football Memories Arbroath FC 2pm – 3.30pm	Arbroath Tea & Bletcher 10.30 – 12noon Forfar Drop-in East & Old Church 2pm – 3.30pm	
15	16	17	18	19
	Music & Movement Arbroath DRC 2pm – 3.30pm	Arbroath Tea & Bletcher 10.30 – 12noon Brechin Drop-in Café Glebe Park 2pm – 3.30pm	Arbroath Tea & Bletcher 10.30 – 12noon Montrose Drop-in Café Old & St Andrew 2pm – 3.30pm	Birkhill Drop-in Millennium Hall 2pm – 3.30pm
22	23	24	25	26
		Arbroath Tea & Bletcher 10.30 – 12noon Brechin Music and Memories 3pm – 4pm	Arbroath Tea & Bletcher 10.30 – 12noon Arbroath Boogie Royal British Legion 3pm – 4pm	
29	30	31		
Open Day Arbroath DRC 10am – 4pm	Arbroath Tea & Bletcher 10.30 – 12noon	Arbroath Tea & Bletcher 10.30 – 12noon		
<b>For More information contact</b> Rosemary Moncur or Janet Quantock ☎ - 07585 700902 - 📧 - <a href="mailto:rmoncur@alzscot.org">rmoncur@alzscot.org</a> or <a href="mailto:jquantock@alzscot.org">jquantock@alzscot.org</a> *Our Community Groups are there to be enjoyed by anyone living with dementia or experiencing difficulties with their memory, including their families and friends. All are welcome people who can attend independently and/or for those unable to do so should come with a companion who can provide any support for them. We don't provide transport for these groups and therefore it is your responsibility to get to and from this community activity, safely.* <small>Alzheimer Scotland, Action on Dementia is a company limited by guarantee, registered in Scotland 160595. Incorporated in Scotland by the Office of the Scottish Charity Regulator on 01/02/2011. The Company Number is 10111211.</small>				

# CENTRE FOR VOLUNTARY SECTOR LEADERSHIP

## Centre for Voluntary Sector Leadership Annual Conference

You are invited to join us for this year's Centre for Voluntary Sector Leadership (CVSL) Conference. CVSL is an Academic Centre of Excellence and part of The Open University Business School. Once again, this event will be held online and is free to all to help maximise accessibility and inclusion.

The event consists of 3 sessions discussing the impact on voluntary sector organisations, the impact on communities, and the impact on volunteering.

### Where and when?

Thursday 25th May at 9.30am-3pm via Microsoft Teams

Find out more and sign up [here](#).



## NHS TAYSIDE

### Anxiety Discussion Event

You are invited to participate in an online discussion to mark Mental Health Awareness Week 2023.

The discussion will centre around "Anxiety - Social, Psychological and Environmental Triggers."

This is an opportunity for open and judgement free dialogue and idea sharing. The event is open to the wider workforce including public, private and third sector colleagues and volunteers working across Tayside.

### Where and when?

Tuesday 16th May from 2pm-3pm, the location is yet to be announced.

Find more information and sign up [here](#).





# SOCIAL ENTERPRISE SCOTLAND

## Introduction to Equalities, Diversity & Inclusion

Social Enterprise Scotland, with a range of partners, is running a series of events focused on Equality, Diversity and Inclusion (EDI) to increase understanding and share good practice across the social enterprise sector (and beyond), starting with this session – An Introduction to EDI

### Where and when?

Wednesday 10th May from 12pm–1.30pm – online session

Find more information and sign up [here](#).



## Equalities, Diversity and Inclusion: Women in Social Enterprise

Social Enterprise Scotland's 2nd event in our EDI series. The recent Social Enterprise Census 2021 shows us that 71% of the 6,047 social enterprises in Scotland are led by women. We want to celebrate the impact women have made to the social enterprise sector in Scotland, championing their achievements, despite the disproportionate effect that COVID-19 and the cost-of-living crisis have had on them. We want this contribution to be increasingly recognised by all bodies of influence in Scotland.

### Where and when?

Wednesday 17th May from 10am–11.30am – online event

Find more information and sign up [here](#).





## SUBMITTING YOUR CONTENT

Would you like something added to next weeks bulletin? If so, send your submission to [Laura@voluntaryactionangus.org.uk](mailto:Laura@voluntaryactionangus.org.uk) by **5pm on Wednesday 10th May.**

## CATCH UP WITH OLDER CONTENT

Read our previous bulletins [here](#)

## FIND US ON:



[Facebook](#)



[Twitter](#)



[www.voluntaryactionangus.org.uk](http://www.voluntaryactionangus.org.uk)

*Voluntary Action Angus is a Company limited by guarantee.  
Registered in Scotland No 248473. Registered Office: 5-7 The  
Cross, Forfar DD8 1BX. Registered Scottish Charity No SC032830.*