

# **Voluntary Action Angus**

## **Weekly Bulletin**

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*2nd June*




**Third Sector Interface**



This weeks content covers:

**Volunteers' Week 2023!**  
**Volunteer Managers Forum**  
**Financial Wellbeing Workshop**  
**Funding**  
**New volunteering opportunities**  
**Available support and information**

*We hope you enjoy reading some of the latest information  
and updates from the third sector, across Angus in this  
weeks Voluntary Action Angus TSI bulletin.*



# VOLUNTARY ACTION ANGUS

## Volunteers' Week 2023

This Week, 1st–7th June is Volunteers' Week!

2023 marks the 39th year of Volunteers' Week, where Voluntary Action Angus join thousands of charities and voluntary organisations to recognise the contribution volunteers make across the UK.

With this year's theme of 'Celebrate and Inspire' we hope to encourage people to get involved in volunteering in whatever way works for them, we will also be celebrating our volunteers for their generosity and hard work!

### What's On

We are holding multiple celebration events across Angus for Volunteers' Week. Whether you are celebrating your own volunteering or want to find out more about how you can get involved in your local community, pop along and chat to one of our Locality Workers!

Find out how you can get involved and celebrate the week **here**.

### Getting started with volunteering!

If you have considered becoming a volunteer, we can help you get started!

Find out how **here**.

### Volunteer Testimonial

We heard from Ashton, a volunteer and employee at Tayside Council on Alcohol.

This year's theme is about inspiring and Ashton's journey is certainly that!

You can read Ashton's testimonial **here**.



## Children's Mental Health and Wellbeing Fund now live!

Voluntary Action Angus are delighted to announce that the Children's Mental Health and Wellbeing Fund is now live.

This fund is being facilitated and distributed through Voluntary Action Angus in partnership with Angus Council and Scottish Government. You can find the full fund guidelines **here**.

Please be aware the closing date for this fund is **Monday 19th June 2023 at 12 noon**.

All information and guidance is included in the funding guidelines, we have ensured that most queries should be covered in the fund guidance.

To request an application form, please email:  
**MHWBapplications@voluntaryactionangus.org.uk**

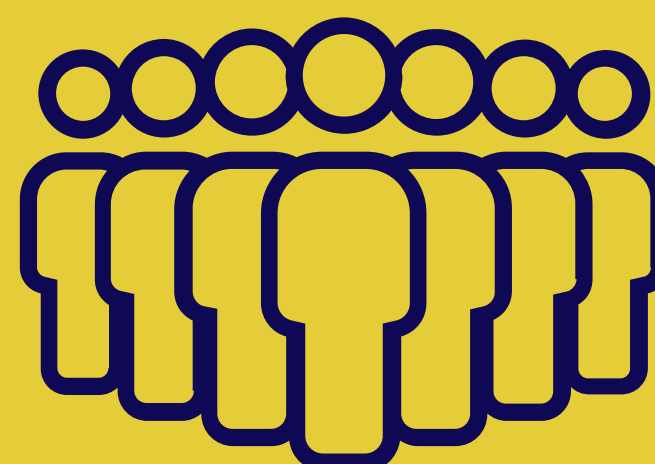


## Transforming Psychological Trauma

Angus Third Sector Collaborative, comprising of Angus Third Sector Strategic Group, Angus Third Sector Children's Services Forum and Angus Third Sector Adult Services Forum, in partnership with Voluntary Action Angus (VAA) is committed to developing a trauma informed workforce so that all workers, paid and unpaid, can help make a positive change in the lives of people in Angus who have experienced trauma or adversity.

The trauma framework specifies four practice levels: trauma informed, trauma skilled, trauma enhanced and trauma specialist. The aspiration is that all workers across all service sectors will develop a trauma-informed level of understanding and skill.

Find more information **here**.





## Are you looking for a fun-filled afternoon?

Are you aged 15 to 25? Ever thought of becoming a volunteer? We have an opportunity for you!

### We are looking for volunteers:

- Aged 15–25
- Free on Friday and Tuesday afternoons
- Patience, understanding and good communication skills

### You will:

- Spend time with the residents of sheltered housing in Kirriemuir (Fridays) or in Arbroath (Tuesdays)
- Have a cuppa and a cake
- Play bingo, board games, have a laugh and much more!

If interested, please call **01307 466113** or email **[michelle@voluntaryactionangus.org.uk](mailto:michelle@voluntaryactionangus.org.uk)**



## Would you like to join the Volunteer Managers Forum?

The Volunteer Managers Forum is hosted by Voluntary Action Angus but driven by you!

We are here to support third sector volunteer organisations, working to improve communications between other organisations in Angus, reliable information sharing and resource access for third sector volunteer services.

To register your interest in joining future meetings and to be part of our mailing list for notes of meetings and helpful information shared between those attending, please complete this short form **here**.

For further information, email:  
**[info@voluntaryactionangus.org.uk](mailto:info@voluntaryactionangus.org.uk)**



# EASYFUNDRAISING

## Sign up to easyfundraising!

Over £1.2million in free, unrestricted funding has just been paid to third-sector organisations via funding platform easyfundraising. Because we are committed to helping communities access essential funding, we partner with over 7,500 online retailers that want to give back. It's simple: when anyone shops online, a proportion of what they've spent is shared with your organisation for free. It's a really simple and effective way for your organisation to fundraise for essentials, cover day-to-day running costs, or whatever you see fit.

Sign up to easyfundraising to be a part of the next round of payments in August **here**.



# ANGUS INDEPENDENT ADVOCACY

## We are looking for a Citizen Advocacy Development Worker

We are seeking a Citizen Advocacy Development Worker who has experience of providing support to individuals experiencing mental ill health. This post will focus on facilitating citizen advocacy partnerships in the southeast locality of Angus.

**Part time:** 21 hours per week

**Salary:** £15754.61 (fixed term for one year)

Mainly based at AIA Offices, Arbroath with option for blended working.

**The closing date has been extended.**

Find more information and apply **here**.





# CANCER RESEARCH UK

## We are looking for a Retail Assistant Volunteer in Arbroath!

We are looking for a retail assistant to help serve customers, taking cash and providing good all-round customer service, sorting through donated items and pricing stock and much more.

Volunteering in our shops is varied, exciting and rewarding. No two days are the same and you have the chance to flex different skills regularly.

Find more information and apply **here**.



# ANGUS UPCYCLING PROJECT

## Volunteer with us!

We are a charitable organisation which is to upcycle unwanted furniture that would otherwise go to landfill, we sell it on at reasonable prices to help local people who are maybe experiencing financial hardship.

We are looking for an Upcycling Volunteer!

The upcycling is done with the help of volunteers of all ages and abilities. We also have a food /clothes store where we can pass on help to those in need.

You can find more information **here**.



# MOONWALK SCOTLAND 2023

## Event volunteers needed!

Are you a dedicated and organised person, passionate about helping others? Join our night-time party and lots of other volunteers at The MoonWalk Scotland on Saturday 9th September 2023 from Holyrood Park, Edinburgh!

Bring your energy and by helping the thousands of women and men, walking an overnight marathon in decorated bras, raising lots of money for breast cancer!

You could spend your Saturday evening at the MoonWalk, by joining one of 20 different teams, from around 6pm through to midnight – from litter picking to registering baggage or handing out volunteer uniforms!

You can find more information and apply **here**.



# FORFAR COMMUNITY COUNCIL

## We are looking for a Volunteer Minute Taker

We are looking for a Volunteer Minute Taker for the Forfar Community Council.

It would be for one night a month for 2 hrs (7pm– 9pm), usually on the third Thursday of the month. We can offer a small payment to cover expenses.

Find out more and apply **here**.





# ANGUS WOMEN'S AID

## Cedar Groupwork Programme

This programme helps mums to support their children in the recovery from domestic abuse.

You will explore feelings through fun and creative activities.

This is a safe space for mums and children to find strategies to deal with their experiences.

For more information email [jody@anguswomensaid.co.uk](mailto:jody@anguswomensaid.co.uk) or call **01241 439437**



# ANGUS COUNCIL

## Confidence Building Support

Free support for parents and carers looking to build up confidence and develop their skills.

### We can help with:

- Review your skills and experience highlighting strengths
- Identify the skills and knowledge you want to develop and how you might do this
- Understand potential barriers and how to overcome them

For more information contact the Vibrant Communities Team at [CLDForfar@angus.gov.uk](mailto:CLDForfar@angus.gov.uk)



# MONEY ADVICE SCOTLAND

## Financial Wellbeing Webinar

Join us for our Financial Wellbeing Webinar: Mortgages and Renting!

This online event is perfect for anyone looking to learn more about mortgages and renting as well as recent changes in the sector. Our speaker will cover a range of topics, including saving for a deposit, understanding mortgage rates, and options for renting.

### When?

Thursday 22nd June from 2pm–3pm.

Sign up for the event **here**.



## Open Workshop: Introducing Financial Wellbeing

Join us for an online event where we will introduce you to the world of Financial Wellbeing.

Marlena, our Financial Wellbeing Lead, will cover a range of topics including understanding your finances, meeting day to day commitments, how to withstand a financial shock and planning for the future.

This is an open workshop, so everyone is welcome to attend. Whether you are just starting out on your financial journey or are looking to take your finances to the next level, this workshop is for you.

### When?

Tuesday 27th June from 2pm–3pm.

You can find more information and book a place **here**.



## SUBMITTING YOUR CONTENT

Would you like something added to next weeks bulletin? If so, send your submission to [Laura@voluntaryactionangus.org.uk](mailto:Laura@voluntaryactionangus.org.uk) by **5pm on Wednesday 7th June.**

## CATCH UP WITH OLDER CONTENT

Read our previous bulletins [here](#)

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