

Voluntary Action Angus

Weekly Bulletin

14th July




Third Sector Interface



This weeks content covers:

Social Enterprise Forum
Holistic Health Day
Volunteering opportunities
New vacancy
Funding
Available support and information

We hope you enjoy reading some of the latest information and updates from the third sector, across Angus in this weeks Voluntary Action Angus TSI bulletin.



VOLUNTARY ACTION ANGUS

Come along to our Social Enterprise Forum!

Are you an Angus established or aspiring to be Social Enterprise? We would like to invite you to attend our Angus Social Enterprise Forum.

Where and when?

The next meeting is Monday 21st August at Montrose Playhouse, The Mall, Montrose DD10 8NN

This is an opportunity to network with fellow Social Enterprises, receive updates from Voluntary Action Angus and the wider third sector, gain peer business support and more.

Find more information and book a place **here**.

For further information, email **natalie@voluntaryactionangus.org.uk**



Are you looking for a fun-filled afternoon?

Are you aged 15 to 25? Ever thought of becoming a volunteer? We have an opportunity for you!

We are looking for volunteers:

- Aged 15-25
- Free on Tuesday, Wednesday or Friday afternoons
- Patience, understanding and good communication skills

You will spend time with residents of sheltered housing:

- Kirriemuir – Fridays
- Arbroath – Tuesdays
- Forfar – Wednesdays

**Play bingo,
board games,
have a laugh,
eat cake and
much more!**

If interested, please contact **Michelle@voluntaryactionangus.org.uk**
or call **01307 466113**

ANGUS CARERS CENTRE

Care for a Cuppy Group Volunteer



Angus Carers Centres vision is that all carers in Angus will receive appropriate information and support to enable them to feel valued and confident in their caring situation and to develop their own potential.

We are looking for volunteers to help run our Care for a Cuppy Group. The group provides a safe space for carers to come along to and engage with other carers and receive much needed peer support.

Find more information and apply **here**.

We are looking for Volunteer Drivers!

We are currently looking for Volunteer Drivers to assist us in providing a range of groups that support Adult and Young Carers throughout Angus. These groups enable unpaid carers to benefit from breaks from their caring role in a safe and supported way.

Volunteer Drivers are also required to support individuals with Dementia in the Arbroath area to attend Arbroath Connections, our Meeting Centre.

This role involves:

- Transporting individuals to and from groups in your own car to various locations in Angus
- Liaising with Angus Carers Staff Team staff to arrange journeys
- Being prompt and on time for all pick-ups and drop off
- Being courteous, friendly, and professional at all times

Find more information and apply **here**.



ANGUS HEALTH & SOCIAL CARE PARTNERSHIP

We are looking for a Voluntary Services Driver

Would you be willing to help people access essential services and social activities in Angus?

We are looking for drivers who can help us provide a volunteer driver service to assist service users to access school, appointments, meetings and access community activities as requested by Voluntary Services.

Find more information and apply **here**.



DUNDEE AND ANGUS FOOD BANK

We are looking for volunteers

Foodbanks in Dundee and Angus provide emergency food and vital support to local people experiencing crisis in Tayside.

We are currently recruiting volunteers to help as part of the volunteer team in welcoming, meeting and greeting customers, and making up and distributing food parcels from our centre in Arbroath.

Find more information and apply **here**.



THE FLOURISHING WELL

Holistic Health Day

Come along on Sunday 23rd July at Friockheim Hub from 11am-4pm, Eastgate Friockheim DD11 4TG to celebrate Holistic Health Day.

What's happening on the day?

1-1 therapies downstairs in Andson Big Hall:

Aromatherapy, Naturopathy, Homeopathy, Herbalism, Angelic Reiki, Reiki, Facials, Healing with Tuning forks, Bilateral Stimulation, Hot Stone Massage, Indian Head Massage, Rune Health Readings, Emotional Freedom Technique, Flower & Vibrational Essences, Crystal Reflexology Oracle Card Readings, Colour Therapy

Group sessions downstairs in McNiven Hall

- Qigong & Soundbath - 11am-1pm
- Baby massage and baby yoga - 1.30pm-2.30pm
- Belly dancing for beginners - 3pm-4pm

Group sessions upstairs in the Bothy

- Intuition Workshop - 11am-1pm
- Spark Your Bliss - 1.30pm -4pm

Wellbeing Stalls in Cafe Area & Main Hall

Caring for carers complimentary nurture packs collection at Cafe Area

Book online via our website [**here**](#)



PROTECTING PEOPLE ANGUS

Culture of Kindness

Protecting People Angus (PPA) are taking forward a Culture of Kindness pledge within Angus. This will be launched during a week of events which will also include a PPA conference.

The 'Week of Kindness' will take place from Tuesday 5th September 2023. The week will include various PPA topical subjects with a focus around kindness within practice. This includes a Leadership Summit, PPA half day conference, what is MARAC session, Stigma Workshop, Alcohol and Drug Recovery service 'speed dating', language matters and a few more to add.

All events will be bookable via Eventbrite and are listed in our Newsletter.

Read the Newsletter **here**.



SANDS

Sands community days are back!

Sands is once again bringing together volunteers and supporters from the Sands community across the UK for a day of learning, networking and opportunities to get involved in the vital work we do. We hope the event will give you time and space to meet others within the Sands community, rekindle old connections, and make new ones.

Whatever your involvement and connection to Sands, whether you are a group volunteer, a Sands United football player, a health professional, a fundraiser, a supporter, or if you are interested in learning more about, and getting more involved with Sands, we want to see you there!

Places are free, but please make sure you book in advance of the event to help us manage numbers and provision of resources for our activities on the day.

Find more information and book your free space **here**.

GSK IMPACT AWARDS & NEW GSK HEALTH INEQUALITIES PROGRAMME 2024

Core funding and free training for health charities - open for applications

The GSK IMPACT Awards are for charities with total annual income between £150,000 and £3 million. They are funded by GSK and provide core funding and free training for charities doing excellent work to improve people's health and wellbeing. Up to 15 awards will be made, ranging from £4,000 to £50,000, plus free training and development valued at a further £9,500.

Closing date Friday 1 September 2023.

The new GSK Health Inequalities Programme supports small charities with total annual income between £20,000 and £150,000. Up to 15 charities will receive up to £10,000 in unrestricted funding plus access to free training and development valued at £2,700. **Closing date Monday 14 August 2023.**

GSK and The King's Fund actively encourage organisations to apply that are led by and support people from under-represented backgrounds, people from ethnic minority communities, people with disabilities and people from the LGBTQ+ community. We want people to bring their unique blend of experiences, backgrounds, perspectives and knowledge as we recognise that diversity makes us stronger.

Apply and find out more **here**.



SCOTTISH ALCOHOL COUNSELLING CONSORTIUM

Part-Time Training Development Officer vacancy

SACC is a member-led consortium of 11 local, voluntary alcohol support agencies from across Scotland. SACC aims to make a meaningful contribution to communities across Scotland by improving counselling and support for individuals and families affected by alcohol and other addictions.

We are looking for a part time Training Development Officer with experience of alcohol counselling and related training to continue to develop and co-ordinate SACC's training courses.

Location: Home based/possibility of office base – with the ability to travel as required (occasional meetings)

Hours: Part-time – 7 hours per week (or equivalent) – worked to suit requirements of post

Read the job description and person specification [here](#).

Applicants should send their CV to vivienne.brown@scotacc.org by **Friday 4th August**.



SKILZ

Summer Duck Fete

Skilz Fundraising Team is excited to announce our 'Duck Fete' on Saturday the 26th of August 2023 at St Vigean's Hall, Kirkstyle, Arbroath from 11am-2pm!

A day of fun and games for the whole family with performances from Dance JC and Notorious Dance. The Duck Race will start at 2pm.

There will be

- Games
- Tombola
- Raffle
- Refreshments & Snacks

Open to everyone, we hope to see you there!



SUBMITTING YOUR CONTENT

Would you like something added to next weeks bulletin? If so, send your submission to Laura@voluntaryactionangus.org.uk by **5pm** on **Wednesday 19th July**.

CATCH UP WITH OLDER CONTENT

Read our previous bulletins [here](#)

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