

Voluntary Action Angus

Weekly Bulletin

20th October




Third Sector Interface



This weeks content covers:

**The M Club Angus
Office space for rent
Employability Support Drop In's
New volunteering opportunities
Available support and information**

*We hope you enjoy reading some of the latest information
and updates from the third sector, across Angus in this
weeks Voluntary Action Angus TSI bulletin.*



VOLUNTARY ACTION ANGUS

Communities Mental Health and Wellbeing Fund Year 3 now live!

We are delighted to announce that the Communities Mental Health and Wellbeing Fund year 3 is now live. This fund is being facilitated and distributed through Voluntary Action Angus in partnership with Scottish Government.

Find the full fund guidelines and application form **here**.

Closing date for applicants for this fund is **14th December 2023 12 noon**.

Most queries should be covered in the fund guidance however if you do have questions, email – **MHWBapplications@voluntaryactionangus.org.uk**



Serviced office space available for rent!

We have a serviced office space available for a Third Sector organisation/ community group to rent. This space is situated on the first floor of Angus Third Sector Centre at The Cross, Forfar.

Any equipment in the photographs are not included but some of the furniture may be.

The room has access to:

- Kitchen facilities
- Toilets
- Parking
- Wifi

View photographs of the room **here**.

For more information and to enquire, email **info@voluntaryactionangus.org.uk**



SHE SCOTLAND

The M Club Angus

Join SHE to explore the myths, facts and fantasies surrounding the menopause, in partnership with Free Period Angus.

Monthly in person, advice, support, laughs and friendship.

Upcoming sessions:

Thursday 26 October and Thursday 23 November

Both sessions run from 7.30pm–9.30pm at Reach Across, 36 Guthrie Port, Arbroath

RSVP: shescotland-krystastoneley@outlook.com



ANGUS CARERS CENTRE

Professional Information Sharing Session

You are invited to attend our Professional Information Sharing Session to let us know what services, new and old, you are currently providing including new initiatives.

We welcome new staff to come along to meet others and share what we are all doing. We provide the space, refreshments and a welcoming environment and updates on what we are currently doing.

Where and when?

The meeting is held at Angus Carers Centre, Ground Floor, 8 Grant Road, Arbroath on the last Monday of each month from 1pm – 3pm.

Next meeting is Monday **30th October**

For more information about the Professional Information Sharing Sessions, please contact Laura Scott at laura.scott@anguscarers.org.uk or call **07387 017435**



ANGUS THIRD SECTOR CHILDREN SERVICES FORUM

The Role of the 3rd Sector in Children & Families Services Event

Where and when?

Tuesday 24th October at Angus Carers Centre, 8 Grant Road,
Arbroath from 3pm–5pm and 5pm–7pm

Are you a worker or professional who supports children and families in Angus?

The event provides an opportunity to:

- Learn more about what services are available in Angus
- The chance to meet and network with organisations providing services in a marketplace setting
- Have a chat and a cuppa with other workers

There are limited tickets left, don't miss out!

Sign up for session 1, 3pm–5pm **here**.

Sign up for session 2, 5pm–7pm **here**.



BRECHIN AND DISTRICT U3A

We are looking for new members!

The U3A Movement is a non-religious and non-political organisation. We run many interest groups and it would be a pleasure to see and welcome you.



Where and when?

Brechin City Hall on the fourth Tuesday of the month at 2pm.

Upcoming meetings:

- Tuesday 24th October – Gavin Durston from Thrums Vets on “A Vets life”
- Tuesday 21st November – Wayne Pearce on “Churches of Angus”

Contact Pete Stanton on **07446 976465** or email **peterastanton@btinternet.com**

ANGUS HEALTH AND SOCIAL CARE PARTNERSHIP

We are looking for feedback on your experience of care received in Angus

Angus Health and Social Care Partnership are looking for feedback, via Care Opinion Scotland on your experience of the care you have received in Angus such as:

- Minor injuries and illness services
- Community Nursing
- Rehabilitation services, for example Physiotherapists or Occupational Therapists
- Social Work Assessment
- Services and support for older people
- Services and support for adults with learning or physical disabilities
- Community Mental Health Services



Tell your story **here**.

ANGUS COUNCIL

Monthly Employability Support Drop In's

Are you a resident in Angus and looking to progress into employment, education or training?

Come along to speak to Bobbi at our drop-in sessions in Angus. Our Employability Keyworkers can offer support and guidance for your journey, including CV building job application support, interview preparation and guidance.

When and where?

Forfar: East and Old Chuch, DD8 2EG from 1pm–3pm on Wednesday 1 November and Wednesday 29 November

Montrose: Montrose Playhouse (The Reel Bar), DD10 8NN from 1pm–3pm on Wednesday 22nd November and Wednesday 20 December

Brechin: Brechin Buccaneers DD9 7BJ from 1pm–3pm on Wednesday 8 November and Wednesday 6 December

Arbroath: Round O 5 O, Abbot Street Lounge, Barbers Croft, Arbroath from 1pm–3pm on Wednesday 15 November and Wednesday 13 December

If you are interested and wish to book a slot or simply looking for more information, contact Bobbi at mortimerb@angus.gov.uk or call **07775 005726**.



ANGUSALIVE

We are looking for a Community Sports Hub Mapping Volunteer

ANGUSalive are looking for a Community Sports Hub Mapping Volunteer to help local sports clubs and partners tackle health and social inequalities through sport.

Find more information on the role and apply **here**.



Disability & Inclusion Cycling Programmer Volunteer wanted!

ANGUSalive Sport & Leisure are looking for a Disability & Inclusion Cycling Programmer Volunteer to enhance the inclusive cycling programme to offer access to cycling for all.

Find more information and apply **here**.



BRECHIN COMMUNITY PANTRY

Volunteer with us

Brechin Community Pantry are looking for volunteers to help those in the Brechin/Edzell area who are experiencing difficulties in their life.

Find more information and apply **here**.



ANGUS TALKING NEWSPAPER ASSOCIATION

We are urgently looking for an IT Volunteer!

Angus Talking Newspaper Association produce a monthly CD of recorded news from local press which is distributed to our members who have visual impairments.

We are urgently looking for a volunteer who can use a laptop and can spare approximately 3 hours once a month on the second Monday of the month.

Find more information and apply **here**.



ANGUS ALCOHOL AND DRUGS PARTNERSHIP

Digital Lifelines

We have been successful in gaining Digital Lifelines Scotland funding and are pleased to announce we are extending our digital support offer in Angus for those with no internet access and devices, who meet the criteria below.

To enable us to reach our target group we target support at people who are at risk of drug related harm and are, or have recently been:

- Experiencing homelessness
- Released from custody
- In hospital or a residential service

Find out more about Digital Lifelines **here**.

We have also teamed up with Angus Council Vibrant Communities Team who have spaces across Angus to support people with digital training and qualifications.

We are hoping that a few staff members per organisation will provide people with digital support, will be able to complete or refresh their Digital Champions Training (Dates to be confirmed). This required training is delivered online by SCVO and is not too onerous.

For further information, please get in touch with **Angusadp@angus.gov.uk** or call Maureen on **074699 18428**.



SUBMITTING YOUR CONTENT

Would you like something added to next weeks bulletin? If so, send your submission to Laura@voluntaryactionangus.org.uk by **5pm on Wednesday 25th October.**

CATCH UP WITH OLDER CONTENT

Read our previous bulletins [here](#)

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