# Voluntary Action Angus



### **3rd November**



### **Third Sector Interface**

## This weeks content covers:

Office space for rent Employer pledge event Angus Toy Appeal New community cafes! Volunteering opportunities Available support and information

We hope you enjoy reading some of the latest information and updates from the third sector, across Angus in this weeks Voluntary Action Angus TSI bulletin.

### VOLUNTARY ACTION ANGUS

### Would Carnoustie benefit from a Companion Support Programme?

### What is the Travelling Companions' pilot programme?

There are many people in our community who may be feeling lonely or struggling to get out and about. The Travelling Companions' pilot programme will see a Volunteer Companion support someone in the community, to help them get out and about.

#### Why are Companions' services so important?

It allows those who need support to be a part of the local community, gain confidence, explore local social groups, walk around their town and meet new people/make friends.

### Would you benefit from a Companion?

If you, or someone you know would benefit from this service, we would like to hear from you.



Access the form **here**.

### Would you like to volunteer at our Social Cafes?

Are you aged 15 to 25? Ever thought of becoming a volunteer? We have an opportunity for you!

#### We are looking for volunteers:

- Age 15-25
- Free on Tuesday, Wednesday or Friday afternoons
- Patience, understanding and good communication skills

#### You will spend time with residents of sheltered housing:

- Kirriemuir Fridays
- Arbroath-Tuesdays
- Forfar- Wednesdays

If interested, please contact Michelle@voluntaryactionangus.org.uk or call 01307 466113

Play bingo board games have a laugh eat cake and much more!

### Serviced office space available for rent!

We have a serviced office space available for a Third Sector organisation/ community group to rent. This space is situated on the first floor of Angus Third Sector Centre at The Cross, Forfar.

Any equipment in the photographs are not included but some of the furniture may be.

#### The room has access to:

- Kitchen facilities
- Toilets
- Parking
- Wifi

View photographs of the room here.

For more information and to enquire, email info@voluntaryactionangus.org.uk



### PROTECTING PEOPLE ANGUS

### Employer pledge event

This year as part of 16 Days of Action, AVAWP will be launching a Gender Based Violence (GBV) Employer Pledge. This asks Employers to be GBV aware and commit to having a GBV workplace policy. We would like organisations and businesses to adopt a culture that prioritises respect, equality, and empathy for anyone who may experience GBV. The Employer Pledge is more than a symbolic gesture; it's a strategic commitment that aligns with the values of inclusivity, diversity, and social responsibility. By prioritising this commitment, organisations and businesses not only contribute to the eradication of gender-based violence but also elevate their reputation as a safe and respectful place to work.

#### When and where?

The launch event is on Monday 4th December from 4.30pm to 6.30pm at Angus House, Forfar.

Reserve your space via Eventbrite here.



### FUN, FOOD AND FRIENDSHIP

### **New community cafes!**

Fun, Food & Friendship is a joint churches project that was started in response to the huge hikes in energy costs back in 2022. We have new cafes starting, offering a warm space, a hot meal, things to do and friends to chat to are all on offer to everyone.



#### **Venues and times:**

#### Arbroath

Every Wednesday at Old and Abbey Church from 4.30pm-7.30pm

#### Arbroath

Every Tuesday at Community Spirit, 7A Fisheracre from 4.30pm-7.30pm

#### Friockheim

First Saturday of every month at 2 Millgate from 11.30am-2.30pm

### THIRD SECTOR LAB

### The Curve- Free digital skills training for the third sector

The Curve is a series of free, 90-minute workshops for third sector organisations. These online workshops aim to build knowledge around best digital practices, raise awareness of digital tools and ultimately help increase impact with digital.

Workshops are open to anyone working or volunteering with a third sector organisation in the UK.

Find out more about our upcoming workshops and how to book a place **here**.



### ANGUS TOY APPEAL



### **R**eferrals open!

Angus Toy Appeal is a local charity, which distributes loads of donation boxes throughout Angus, collecting new toys, etc to help put a smile on a child's face at Christmas.

We are now welcoming referrals.

All toys and gifts are for children living in poverty throughout Angus. - Resources are limited so please consider your families carefully.

Referrals must be returned no later than **Monday 20 November 2023** and can be submitted by email or post.

Find more information on the referral process **here**.

### ALZHEIMER SCOTLAND

What's on November - Angus groups

Our Community Groups are there to be enjoyed by anyone living with dementia or experiencing difficulties with their memory, including their families and friends. All are welcome; people who can attend independently and/or, for those unable to do so should come with a companion who can provide any support for them.

Find out what's on throughout November **here**.



### SKILZ



### Would you like to join Team Skilz!?

We are looking for Community Workers at Skilz.

The role would involve working across our Community Programme in the town and within our school programmes through our 'Community Outreach' work. Some hours may also be available within our 'Community Facility', the astro turf – The PKS Arena.

If you want to work to support your community to improve their health and wellbeing, then please get in touch.

Please Note - Most hours available are midweek and during the day, so please consider this before applying.

Find out more and apply **here**.

### ANGUS INDEPENDENT ADVOCACY

### Join our team

We are seeking individuals who have a passion for human rights and desire to support local people to have their voices heard and taken into account to join our team.

#### We are currently looking for:

- Participation Worker (14 hrs per week fixed term to 31st August 2024)
- Independent Advocacy Worker (Young People-Mental Health) (17.5hrs per week- fixed term 18 months

Full information, including job description and application details can be found on our website **here**.

Closing date is **12** noon **Friday 17 November**.

Return applications by email only to enquiries@angusindadvocacy.org



### ANGUS COUNCIL

### Monthly Employability Support Drop In's

Are you a resident in Angus and looking to progress into employment, education or training?

Come along to speak to Bobbi at our drop-in sessions in Angus. Our Employability Keyworkers can offer support and guidance for your journey, including CV building job application support, interview preparation and guidance.

#### When and where?

**Forfar**: East and Old Chuch, DD8 2EG from 1pm-3pm on Wednesday 1 November and Wednesday 29 November

**Montrose**: Montrose Playhouse (The Reel Bar), DD10 8NN from 1pm-3pm on Wednesday 22nd November and Wednesday 20 December

**Brechin**: Brechin Buccaneers DD9 7BJ from 1pm-3pm on Wednesday 8 November and Wednesday 6 December

**Arbroath**: Round O 5 O, Abbot Street Lounge, Barbers Croft, Arbroath from 1pm-3pm on Wednesday 15 November and Wednesday 13 December

If you are interested and wish to book a slot or simply looking for more information, contact Bobbi at **mortimerb@angus.gov.uk** or call **07775 005726**.



### **CORRA FOUNDATION**



### Funding now available

As part of the Scottish Government's National Drugs Mission, funding has been made available through three funds which are now open to applications:

- Improvement Fund (closing 28 November 2023 at 1pm)
- Local Support Fund (rolling grant programme)
- Local support Fund Micro Grants (rolling grant programme)

More information about each of the funds, including information on the application process and criteria is available on the Corra Foundation website **here**, or you can contact the team to discuss potential projects at **wellbeingteam@corra.scot** 

### SPORTSCOTLAND

### **Sport Facilities Fund**

Sport Facilities Fund (SFF) supports capital projects that create or improve places where people take part in sport and physical activity. We want to support projects that provide opportunities for people to get involved in and participate in sport and physical activity. Greater prioritisation will be given to projects and applications supporting Return to Sport objectives and outcomes following the coronavirus pandemic.

#### Find more information here.

Please contact us to discuss your project and eligibility before starting and submitting an application at facilities@sportscotland.org.uk

Deadline for submission of new Sport Facilities Fund applications is **1 April 2024**.



### ANGUSALIVE

### We are looking for a Volunteer Sports Advisor

ANGUSalive are looking for a Volunteer Sports Advisor to be a friendly and enthusiastic public face at ANGUSalive.

Find more information and apply **here**.



### Could you be a BE ACTIVE...Live Well class Volunteer?

ANGUSalive are looking for a Volunteer to help out with their BE ACTIVE... Live Well (BALW) programme.

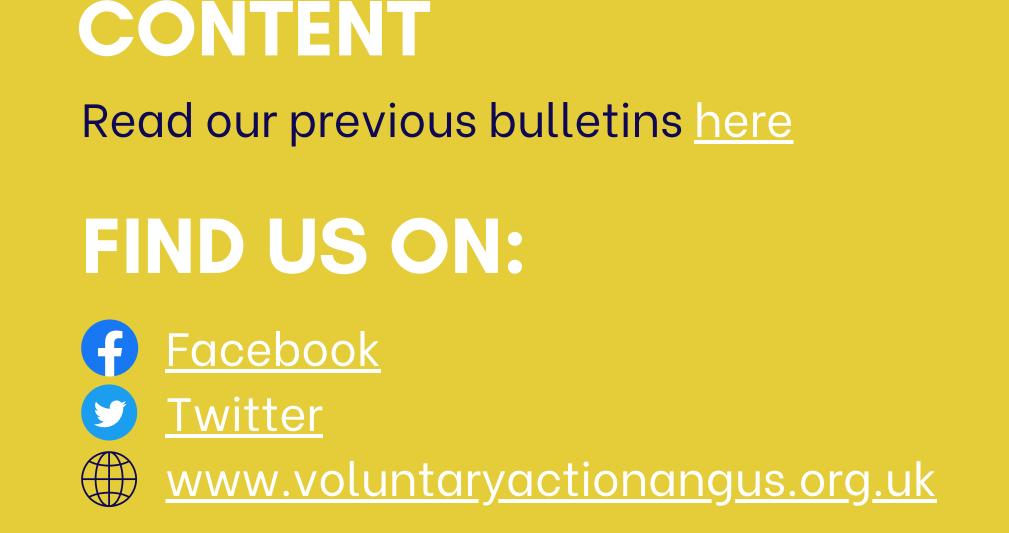
Find more information and apply **here**.



### SUBMITTING YOUR CONTENT

Would you like something added to next weeks bulletin? If so, send your submission to Laura@voluntaryactionangus.org.uk by **5pm** on **Wednesday 8th November**.

# CATCH UP WITH OLDER



Email <u>info@voluntaryactionangus.org.uk</u> to unsubscribe.

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