

Voluntary Action Angus

Weekly Bulletin

22nd March



Third Sector Interface



This weeks content covers:

VAA website and Angus Community Connector now live!

Easter Egg Hunt

Upcoming training

Available funding

New volunteering opportunities

Available support and information

We hope you enjoy reading some of the latest information and updates from the third sector, across Angus in this weeks Voluntary Action Angus TSI bulletin.



VOLUNTARY ACTION ANGUS

Voluntary Action Angus: Our role as Third Sector Interface event

It has been identified that the role and remit of Voluntary Action Angus as the Third Sector Interface for Angus, is not as clear as we would like it to be. This causes confusion and impacts effective signposting, referrals, and engagement with wider third sector services, partnership working and other related aspects of TSI remit.

As budgets continue to reduce and services are feeling the strain, any lack of clarity in the role of a TSI risks unnecessary duplication of cross sector workstreams. We would like to invite you to an event focussing on “Our role as Angus Third Sector Interface” to support closing this gap in knowledge and enable better working relationships and better outcomes for our communities as a result.



The event will cover:

- Explore the wider third sector
- Listen to informative presentations
- Hear from guest speakers
- Participate in Table Talks with the VAA team!

If you work within the public or third sector, this event is for you.

Where and when?

Tuesday 23 April from 9.30am-2.30pm at Reid Hall, Forfar

Find out more and sign up [here](#).

Angus Third Sector Exhibition (for third sector organisations):

Is your organisation a third sector service provider? Would you like to showcase your organisation to a range of leads and professionals working across sectors within Angus?

A dedicated space will be provided at the event for an exhibition of Third Sector displays and promotional materials.

Find out more and register your organisation [here](#).

NOW LIVE!

VAA website and Angus Community Connector now live!

Voluntary Action Angus is delighted to announce that our new Voluntary Action Angus website, along with the Angus Community Connector website and app, are now live!

You can view our revamped website here:
<https://www.voluntaryactionangus.org.uk>

Explore the Angus Community Connector here:
<https://anguscommunityconnector.org.uk>



Download the Angus Community Connector app on both IOS and Android devices! Simply search for it in your app store today and find all third sector organisations, services, community groups and social enterprises, in your area of Angus.

If you're interested in adding your third sector organisation to the Angus Community Connector, please complete the form [here](#).

FRIENDS OF ARBROATH ABBEY

Easter Egg Hunt!

Our event aims to raise awareness of Friends of Arbroath Abbey. We want to engage with the community and talk about our work and gain support.

We would love to see you and your family on the day.

Come along to solve the clues, find the letters and work out the secret word to claim your easter egg at the Abbey!

Where and when?

Saturday 30th March from 11am-1pm at The Steeple and Arbroath Abbey, Arbroath



THE SCOTTISH WOMEN'S BUDGET GROUP

Can you complete this quick survey?

The Scottish Women's Budget Group have just launched our third women's survey to help us understand women's public spending priorities for 2024.

We're asking women about the impact of the ongoing cost-of-living crisis including questions about debt and savings, and whether they have been affected by cuts to public services during the past year. We are also providing a space for them to share their priorities ahead of the upcoming General Election.

The information provided will be used in developing campaigns, to highlight issues affecting women in the media, inform government consultation responses, and as part of our training.

We are offering a £25 voucher to 10 people who complete the survey, this will be selected at random.

You can find a link to the survey [here](#).



ANGUS WOMEN'S AID

Cedar group referrals open

10 week groupwork programme for mums and children who are recovering from domestic abuse.

Referrals now open for programme starting on 15th April in Forfar.

For more information contact jody@anguswomensaid.co.uk or catriona@anguswomensaid.co.uk or call **01241 439437**.



FOOD TRAIN CONNECTS

Online volunteer fayre

Food Train Connects will be hosting an online volunteer fair, alongside Who Cares Scotland, CHAS, Make Your Mark and Scottish Refugee Council.

You'll have the opportunity to chat to each organisation to find out more about their work and the volunteering opportunities that they have available.

When?

Thursday 28th March from 10.30am – 12.30pm.

Register [here](#).



ANGUS MENTAL HEALTH & WELLBEING NETWORK

Suicide Intervention Prevention & Safety Plan Training 2024

This training is for all staff who have patient/ client/ public contact who have had no previous suicide awareness training or whose last training was more than three years ago. This is also suitable for members of the public.

Learning outcomes include:

- The ability to recognise a person at risk of suicide
- An awareness of the impact of attitudes to suicide
- An awareness of local services in suicide prevention
- Develop risk management skills with a person at risk of suicide

Where and when?

Tuesday 9th April, Tuesday 7th May, Tuesday 4th June

All sessions take place at Montrose Baker Hughes Training Centre from 9.15am-4pm

For more information or to book your place, email james.kennedy@nhs.scot

PROTECTING PEOPLE ANGUS

The Power of Kindness in Angus events

Protecting People Angus (PPA) are developing a #CultureOfKindness across Angus by providing The Power of Kindness in Angus events throughout the county. The aim is to promote the workforce's and community's use of the same approach and same language across all areas to benefit those living and working in Angus. We have planned a series of workshops for all in Angus to attend.

Where and when?

East and Old Church (Wellbean Café), DD8 2EG, Forfar –

Tuesday 16th April 2024, 12pm–2.30pm

Café Project, 7 Brothock Bridge, Arbroath, DD11 1NF –

Wednesday 8th May, 12pm–2.30pm

MoHub, 98 Murray Street, DD10 8JG Montrose –

Thursday 30th May, 12pm–2.30pm

Comrie Hall, 6 Links Avenue, DD7 7EP, Carnoustie –

Wednesday 5th June, 12pm–2.30pm



We'd love to have a chat about what kindness means to you and how we can make sure we understand how this impacts on all of our daily lives. Kindness is something that involves and affects every single one of us, and everyone around us so if you'd like to join us in this discussion, look out on our social media with details on how to book coming soon.

We aim to hold a conference in November 2024 where the Kindness Charter will be launched.

The charter will include:

- A local mission statement on addressing stigmatisation
- A commitment by services to ensure the workforce is trauma aware and trained to a level that is appropriate to their position
- A commitment to treat people with kindness
- A guide regarding consistent language to be used across Angus

If you want further information please contact
ProtectingPeopleAngus@angus.gov.uk

We look forward to seeing you and hearing your thoughts on Kindness in Angus!

BOWEL CANCER UK

Bowel cancer awareness talks

April is Bowel Cancer Awareness Month, a fantastic annual opportunity to educate your business, organisation or community group about the disease by joining us for a free virtual awareness talk.

Delivered by a volunteer with a personal connection to bowel cancer, you'll learn about the most common symptoms of bowel cancer, the risk factors associated with the disease and the importance of the NHS bowel screening programme.

Find out more and register for a free talk [here](#).



MARIE CURIE

Connect, Learn and Share

An online space to learn from each other about how we can support those in the community experiencing dying and loss. In this session, we'll discuss fuel poverty with Marie Curie Energy Support Officer.

When?

Wednesday 27 March from 11am-12pm

To sign up, please book [here](#).

For more information, email helen.macgregor@mariecurie.org.uk



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helen.macgregor@mariecurie.org.uk

THE BARING FOUNDATION

New funding

A round of funding is open for arts organisations who would like to develop new participatory arts opportunities for men with mental health problems.

Grants of £20k to £50k are available for either of the following approaches, or a combination of the two:

- Work which finds ways to achieve equal representation (or a significant increase) of men in mixed gender creative activities;
- Men-only creative activities.

Find more information and apply [here](#).



THE FORE

Exciting new funding opportunity for small charities and social enterprises across the UK

The Fore is running its Summer 2024 Funding Round. We are offering unrestricted grants of up to £30,000 to help small charities and social enterprises develop, grow or become more sustainable.

All UK-registered charities, CIOs, CICs and CBSs with an annual income of under £500,000 are welcome to apply.

Registration will be open for one week from 12pm on **28th March** to 12pm on **4th April**.

Find more information and apply [here](#).



HOME-START ANGUS

Join our team



Home-Start Angus is a voluntary organisation, supporting families with young children using trained volunteers to provide practical and emotional support for the families in their own homes.

We are seeking an enthusiastic, part-time Family Support Coordinator to join our small, friendly team, based at 27 Hamilton Green, Arbroath.

Find more information and how to apply [here](#).

THE ARCHIE FOUNDATION

Get involved in the Battle of the Badges!

The Archie Foundation Tayside are gearing up for the much-anticipated Battle of the Badges event, scheduled to take place on Sunday 26th May.

We have a variety of volunteering roles available to help with the smooth running of the event.

Find more information and apply [here](#).



CARE INSEPECTORATE

Volunteers needed!



Care Inspectorate are looking for an Inspection Assistant Volunteer. This could involve traveling to inspections or calling people to find out what they think of the service they get or help run focus groups.

Find more information and apply **here**.

TAYSIDE COUNCIL ON ALCOHOL

We are looking for Crew Volunteers!

Tayside Council on Alcohol is looking for Crew volunteers to help at our Arbroath office, to support young people and provide them with structure and security.

Find more information and apply **here**.



SUBMITTING YOUR CONTENT

Would you like something added to next weeks bulletin? If so, send your submission to Laura@voluntaryactionangus.org.uk by **5pm on Wednesday 27th March.**

CATCH UP WITH OLDER CONTENT

Read our previous bulletins [here](#)

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