

Voluntary Action Angus

Weekly Bulletin

31st May

Voluntary Action  **ANGUS**

Third Sector Interface



This weeks content covers:

Volunteers' Week Celebration event!

Hot desking in Forfar survey

Angus Third Sector Collaborative


Well Living Workshops

Available funding

Volunteering opportunities

Available support and information

We hope you enjoy reading some of the latest information and updates from the third sector, across Angus in this weeks Voluntary Action Angus TSI bulletin.



VOLUNTARY ACTION ANGUS

Volunteers' Week Celebration event!

Do you live in Angus? Are you currently volunteering or have you volunteered in the past?

Join us to celebrate the incredible efforts of volunteers in Angus and the 40th anniversary of Volunteers' Week!

Come along for:

- A free raffle
- Cake and celebrate
- A special acknowledgment for volunteers across Angus!

Where and when?

Voluntary Action Angus, 5-7 The Cross, Forfar on Saturday 8th June from 12pm-2pm

Sign up via Eventbrite [here!](#)



Social Enterprise Business Support

Voluntary Action Angus, in partnership with Firstport, The Circle and Business Gateway are delighted to be hosting an in-person event aimed at supporting the growth and development of established and start up social enterprises in Angus.

Join us to hear about:

- Fully funded support for all stages of social enterprise business
- Business Support and expertise available at local level
- Funding opportunities and social investment options
- Training and other resources available

Where and when?

Thursday 20th June from 1pm-4pm at Voluntary Action Angus, 5-7 The Cross, Forfar DD8 1BX

Sign up via Eventbrite [here!](#)



New office spaces to rent in Forfar town centre!

We have two new serviced office spaces available for a third sector organisation/ community group to rent. Both rooms are situated on the first floor of Angus Third Sector Centre at The Cross, Forfar.

The rooms have access to:

- Kitchen facilities
- Parking
- Wifi

If interested, or for further information please contact info@voluntaryactionangus.org.uk

See photographs of the room [here](#).



Meeting room space in Angus!

Are you looking for a local space to hold a meeting or an event? We have two meeting rooms available for booking at the Angus Third Sector Centre.

These are not only for third sector organisations, anyone is welcome to hire a meeting room.

Equipment available:

- TV screen
- Webcam
- Flipchart stand

You can find more information and complete our booking enquiry form [here](#).



Hot desking in Forfar survey

Voluntary Action Angus is looking at potentially providing a hot desking space at the Angus Third Sector Centre, 5-7 The Cross, Forfar.

If this is something you would find useful, please complete the survey **here**.



**HOT DESKING
IN FORFAR**

£8 p/h

Would you be interested?

Let us know!

Email info@voluntaryactionangus.org.uk

Voluntary Action -ANGUS
Third Sector Interface

The graphic features a laptop and a mug on a desk, with a speech bubble containing the rate and another asking for interest. The logo for Voluntary Action Angus is at the bottom right.

NEW SOLUTIONS

Trauma Informed Practice Training Level 2

This training is for those who have already completed level 1.

The training outcomes are to understand the prevalence of traumatic events, to identify the factors that can influence how we respond to trauma, recognise how trauma may be affecting people we work with and more.

Where and when?

Wednesday 5th June at Angus Local Employability Partnership, D&A College, Arbroath from 9.30am-12pm or 1pm-3.30pm

Find out more **here**.

Register for the event **here**.



ANGUS THIRD SECTOR COLLABORATIVE

VAA would like to show case The Angus Third Sector Collaborative, made up of:

- Strategic Group of Third Sector CEO's
- Operational groups which directly feed into the Strategic Groups within the triangle
- Angus Adult Services Forum and Angus Children's Service Forum

We would like to introduce the chairs of each of the above groups:

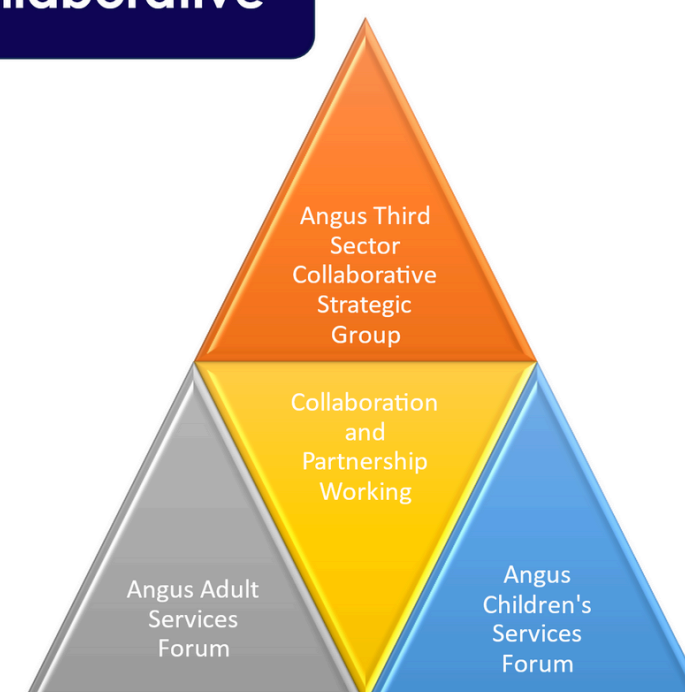
Marta Henderson - Strategic Group Chair - marta.mh@rstf.co.uk

Maxine Linton - Children Services Forum Chair - maxine@anguswomensaid.co.uk

Zoe Watson - Adult Services Forum Chair - Zoe.Watson@anguscab.org.uk

If you are interested in becoming a member of the above groups or would like more information, please contact any of the chairs on the above email addresses or alternatively contact VAA - info@voluntaryactionangus.org.uk

Third Sector Collaborative



DEIRDRE KNIGHT CENTRE

Spaces available at the centre



The Deirdre Knight Centre have some spaces available for new members. We provide centre-based day care for adults within Forfar and surrounding areas.

We provide:

Highly trained staff, two course lunch, snacks & refreshments, home baking, personal care, outings in the local community and much more.

Check out our website [here](#) for more information or give us a call to discuss your requirements on **01307 468314**.

ANGUS HEALTH AND SOCIAL CARE PARTNERSHIP

Lifestyle Management Course

If you live with a long term condition, or often feel stressed or struggle to cope, our Lifestyle Management Course could help you learn techniques and skills that will help to reduce stress and give you the tools you need to live well and manage better.

The next 10 week block of classes start on **26th June** from **12.30pm-3.30pm** at Old & Abbey Church, West Abbey St, Arbroath

For further information or to book a space, please email tay.anguslmc@nhs.scot or call **01241 822585**



SCOTTISH FIRE AND RESCUE SERVICE

Shaping Our Future Service: Your Say

Scottish Fire and Rescue Service (SFRS) is launching a public engagement initiative called “Shaping Our Future Service: Your Say”. As part of this, we will be holding public engagement sessions in fire stations across Scotland. We are planning one such session in Forfar.

Where and when?

Forfar Fire Station, Strang Street, Forfar DD8 2HL on Friday 14 June 2024 from 10am-12pm

We want to hear from members of the public and local community groups on our approach going forward and finding out what matters most to them.

We’re particularly keen to hear from under-represented groups – such as people with disabilities, older people, minority ethnic groups – people who can be seen as vulnerable in terms of fire safety.

The session, led by uniformed officers, will include a short discussion with attendees on the future of SFRS and what members of the public think our priorities should be in the future. There would then follow a guided behind-the-scenes tour of the station, with crews demonstrating fire appliances and specialist fire equipment, and a chance to chat with crews about the role of a modern-day fire service.

The session is 100% free to attend and light refreshments will be provided.

Numbers are limited and attendance must be confirmed in advance.

Anyone hoping to attend should contact:

SFRS.Publicinvolvement@firescotland.gov.uk or call **07747 827283** to book a place.



MARIE CURIE

Connect, Share and Learn



Connect, Share and Learn is an online open space for us to come together and learn how we can support those in the community experiencing dying, death and bereavement.

When?

Thursday 20th June from 11am-12pm

In this session, we'll be joined by Laura Whip from the Advocacy Project, who will talk about what independent advocacy is and the role advocacy can play within palliative care. These sessions are open to everyone in the community.

For more information email helen.macgregor@mariecurie.org.uk



ANGUSALIVE

Well Living Workshops

Come along to our monthly Well Living Workshops. Each workshop will focus on a particular topic and include educational talks and discussion (delivered by health & wellbeing team), as well as taster sessions and community partner information.

Sessions will run from April 2024 – March 2025. All sessions are free and will run between 1-3 hours.

Find out more **here**.

No booking required but queries can be directed to BeActiveLiveWell@angusalive.scot

SCOTTISH RURAL NETWORK

Neighbourhood Ecosystem Fund launched!

The aim of the Neighbourhood Ecosystem Fund is to help communities develop their ideas for nature restoration into a pipeline of deliverable projects with a whole ecosystem approach.

Community groups can apply for up to £13,500 which can contribute to nature development activities, specialist consultancy, new staff posts and core costs. They will also receive £1,500 in professional fundraising support in addition to their grant.

Find out more [here](#).

The deadline for applications is **12pm** on **Wednesday 3rd July**.



FIRSTPORT

Social Innovation Challenge

The Social Innovation Challenge funds and supports innovators to kick-start solutions that tackle some of the most pressing challenges of our time. This year the Social Innovation Challenge focuses on breaking barriers to better health and wellbeing.

Inequalities within the building-blocks of health and wellbeing are driving negative outcomes for many in our society. Firstport are looking for innovative ideas that tackle these deep-rooted issues.

Can you help solve this issue? The most impactful social enterprise solution will receive £50,000 and tailored support.

Find more information [here](#).



SOCIAL ENTERPRISE SCOTLAND

The Social Enterprise Awards Scotland 2024 are now open for applications!

The Social Enterprise Awards Scotland are back for 2024, celebrating the incredible work and impact of social enterprises across the country.

The awards celebrate the incredible work and impact of social enterprises across Scotland. They are an opportunity to showcase the very best of the sector, highlighting the vital role social enterprises have in supporting communities, building places, and making a positive impact on our environment and wellbeing.

Applications close on **Monday 8 July**.

Find out more **here**.



FORFAR GRIEF CAFE

Peer support, people supporting each other

This is a space in Forfar for those 16+ to talk about bereavement.

Where and when?

- Monday 10th June
- Monday 5th August
- Monday 30th September
- Monday 25th November

All dates are held at Forfar Guide Centre, The Myre from 7pm-9pm

For more information email Cindy at **cindy.morris@coop.co.uk**



SCOTTISH AMBULANCE SERVICE

Mental health emergencies feedback

We're working with See Me Scotland to gather feedback into how we respond to mental health emergencies.

If you've ever received support from the Scottish Ambulance Service relating to a mental health crisis, have called on behalf of someone else, or might use the service in future, we want to hear about your experiences.

It only takes a few minutes and is completely anonymous, complete the survey [here](#).



MS THERAPY TAYSIDE

Seeking new board members!

MS Therapy Tayside are seeking to appoint new board members with specific skills to enhance their existing board membership.

Find more information and apply [here](#).



NHS TAYSIDE

Volunteer Hairdresser needed

NHS Tayside, Specialist Palliative Care Services are looking for a Volunteer Hairdresser to provide a hairdressing service in Angus for patients in the Macmillan unit.

Find out more and apply [here](#).



FRIOCKHEIM PARK COMMUNITY VOLUNTEERS

Volunteers needed during the Angus
school summer holidays

As part of the Angus Council Holiday Programme, Friockheim Park Community Volunteers are running activities throughout the Angus school holidays.

They are looking for additional volunteers to help with the activities.

Find more information and apply [here](#).



SUBMITTING YOUR CONTENT

Would you like something added to next weeks bulletin? If so, send your submission to info@voluntaryactionangus.org.uk by **5pm on Wednesday 5th June.**

CATCH UP WITH OLDER CONTENT

Read our previous bulletins [here](#)

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