## **VAA WEEKLY UPDATE**

Wednesday 3rd July 2024



# WE ARE HIRING!

### Join our team

Community Link Worker for Brechin/Edzell Find out more here

To request an application pack email katrina@voluntaryactionangus.org.uk



Third Sector Interface

#### **NHS Community Benefit Gateway**

The NHS Scotland Community Benefit Gateway is now live in Tayside. The aim **Tayside** of the Community Benefit Gateway is to connect Third Sector organisations and NHS Scotland suppliers who may be able to support local project needs with an "in kind" offer. This could be support with volunteering, work placement opportunities, the provision of professional advice, assistance with building community facilities and much more.

In Tayside, a partnership between NHS Tayside, Third Sector Interface (TSI) and NHS Scotland has been developed to ensure local arrangements are in place to promote the Gateway. The Gateway is part of NHS Scotland's ambition to ensure that through all our areas of work we bring maximum benefits to people of Scotland. Through the easy to use online tool, willing NHS Scotland suppliers can be matched with Scottish third sector organisations who are looking for assistance with a variety of needs.

Please see short animation here

Find out more here

To find out more please contact: tay.communitybenefitgateway@nhs.scot



#### 250 free online fundraising packs available



Easyfundraising is offering 250 free fundraising toolkits to help local organisations raise money online. Through easyfundraising, when your supporters shop with any of 8,000 retailers, including Tesco, Trainline, eBay, Argos, Sainsbury's, John Lewis, Asda and Booking.com, a donation is made to your organisation. All you need to do is use the free packs to tell your supporters about it.

To get your complimentary pack, register with easyfundraising and when prompted, schedule a call with a member of the easyfundraising team who will arrange your toolkit and explain the process.

With only 250 packs available, claim yours today here:

www.easyfundraising.org.uk/scotland



The new Carers Information Pack is now available from the Angus Health and Social Care Partnership. To view the pack click the link **here** 

National charity Family Fund launched a new 'Discover more support' search tool on their website. It can help you easily find services best suited to you and your family.



Featuring topics like money and benefits, mental health and wellbeing, education and learning and disability, you can now browse through 130 trusted organisations listed on the new search tool – to find available support services in your local area, or nationally.

To use the tool and find out more, head to Family Fund's website

Cruse Scotland are offering training opportunities for organisations and individuals to better understand grief and loss. The courses aim to upskill individuals as well as help create Bereavement-Friendly workplaces across Scotland.



There are a wide range of bereavement related online courses you can book on to over the months ahead. Have a look at Cruse Scotland's training calendar below and follow the links for further information or to register. <a href="http://www.crusescotland.org.uk/training/training-calendar/">http://www.crusescotland.org.uk/training/training-calendar/</a>

#### **Volunteering Opportunity**



St Drostan's Court, Brechin is a supported accommodation complex whose residents are seeking some assistance for a one-off wheelie bin

It's a really good chance to help those who need a wee hand to do one of the more difficult tasks they face. Can you help?

Please contact Bill Takhar, Housing Officer on takharB@angus.gov.uk or 01307 492119.



Chair of Board of Directors (Voluntary)



We are pleased to be able to advertise a unique opportunity to join Angus Independent Advocacy (AIA) as the **Chair** of our **Board of Directors**.

This is a wonderful opportunity to play a pivotal role in leading our developing organisation, and to support us to fulfil our vision of ensuring that every voice

AIA strives towards inclusive communities by standing alongside and supporting people to:

- understand and exercise their everyday human rights
   breakdown barriers to participation within community life
- have their voices heard and wishes taken into account

Full information, including role description and application details can be found on our website:

New Opportunity -Chair of Board of Directors! - Angus Independent Advocacy (angusindadvocacy.org)

Return applications by email only to: <a href="mailto:enquiries@angusindadvocacy.org">enquiries@angusindadvocacy.org</a> with subject marked: **Board Recruitment Confidential** Please note CVs will not be accepted.

Closing date: 12 noon Friday 5th July 2024

For more information or an informal discussion please contact: Heather MacMaster (CEO) on 01241434413 or enquiries@angusindadv

www.angusindadvocacy.org
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Training for volunteers hosting conversations in community settings such as community cafes, lunch clubs, food banks or community drop-in centres.

"This training will definitely be useful for people looking to run and volunteer at cafe style befriending/chat/listening events."





### Builds Skills and Increases Confidence in Volunteers

#### The 2 Hour Online Training includes

- Understanding guests needs and how to approach them
- How to open and maintain beneficial conversations
- · Active listening skills
- · Keeping guests, volunteers and organisations safe
- Understanding boundaries
- · Managing expectations and risk

\*For 'live' training contact Michelle @ michelle@linkinglives.uk

Bookings made in June still apply for July onwards.

- \*Trainer Fee Waived for 'Live' Training
- \*\*Travel and accommodation still apply

Book online - www.linkinglives.uk





Linking Lives UK 0300 302 0225 Admin@linkinglives.uk www.linkinglives.uk Charity No: 1170325





Angus Carers Centre are looking to recruit a Adult Carers Service Manager. To find out more click **here** 

#### Jobs at Hospitalfield



Dedicated to contemporary art and ideas, Hospitalfield is a place to work, study, learn, visit and enjoy.

We are recruiting for the role of **Hospitality Development Manager** and we would love to hear from you.

Deadline for all applications: 12pm, Wednesday 10th July.

Click <u>here</u> for the Jobs page and details about the above role.

# to absent friends ...

To Absent Friends have launched a small grants scheme to support organisations to put on remembrance events in Scotland as part of this years **To Absent Friend festival** 1-7 November 2024.

Two types of small grants (of up to £300) are available:

Community Grants: These are for organisations and communities who want to plan private remembrance events at which their community can come together (in person or online) to share memories, stories and solace.

Public Grants: These are for organisations who want to organise an interactive public event such as a concert, exhibition or installation, freely open to members of the public.

The fund aims to support activities that provide opportunities for storytelling and/or remembrance of people who have died. The range of ways in which organisations can participate is wide and varied. In previous years, events have included concerts, poetry nights, craft activities, memory sharing events, storytelling suppers, exhibitions and much more. We encourage creative and innovative ideas that feel right to local groups and communities..

Any organisation with a bank account can apply for a grant. We would encourage applications from charities, community groups, care homes, NHS organisations, small businesses, prisons, arts organisations, schools, education institutions and more. The closing date for applications is 2 September 2024.

More information about the small grants is available **here:** 

Were holding and informal lunchtime chat online at 1pm on 19 August for those who would like to find out more, or chat over their ideas. Email

<u>samara@palliativecarescotland.org.uk</u> if you'd like to come.

Some ideas of relevant activities are available in this **Guide to Organising an Event.** 





## Cooking For Health

Menu



- Meet new people & have fun
- Cook and take home food each week
- Learn basic cooking skills & techniques

#### Mains

- . Cheaper ways to shop
- . Understanding food labels
- Cheaper ways to cook



Desserts

Get recognition for your time & efforts and gain a Food Safety certificate & Adult Achievement Award

Wednesday 1pm - 2.30pm Forfar Community Campus Kitchen

To book a place please email: BSCommunities@angus.gov.uk
Tel: 01242 464628



Skilz is excited to offer a new project funded by the South East Locality Improvement Group that will specifically work with participants between the ages of 16 and 30 to gain confidence, resilience, and self belief to improve their over well-being. This service will be delivered over 8 weeks, focussing on a variety of topics each week. Each session will last 2 hours.

The project offers activities with each topic such as self-care, mindfulness, and journaling to support self-management of mental health. The second part of the workshops will be focussed on building relationships with the participants and allow time to increase social connections and provide additional support on an individual basis.

#### Eligibility Criteria:

- Live in poverty
- Social Isolated
- Experiencing mental health/anxiety issue
- Low self-esteem/body image/confidence
- Marginalised groups (asylum seekers/refugees/LGBTQI)
- · Physically inactive
- Aged between 16-30
- Must live in Arbroath/Friockheim/Inverkeilor

skilz

Please contact Lauren Simpson to make a referral lauren@skilzacademy.org.uk or Tel: 07300870248